

# **TSH Receptor Autoantibody ELISA**

Product Data Sheet

Cat. No.: RTRE/96/3AR

For Research Use Only

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- This kit is manufactured by: BioVendor Laboratorní medicína a.s.
- **Use only the current version of Product Data Sheet enclosed with the kit!**

## 1 INTENDED USE

TSH receptor (TSHR) autoantibody (TRAb) ELISA is intended for use by professional persons only for the quantitative determination of TSHR autoantibodies in human serum. Hyperthyroidism in Graves' disease is due to the presence of autoantibodies to the TSHR and measurement of these autoantibodies can be useful in disease diagnosis and management.

# 2 ASSAY PRINCIPLE

In the ELISA, TSHR autoantibodies in patient sera, calibrators and controls are allowed to interact with TSH receptors coated onto ELISA plate wells. After a 2 hour incubation, the samples are discarded leaving TRAb bound to the immobilised receptor. A human monoclonal autoantibody to the TSHR labelled with biotin (M22-biotin) is added in a second incubation step, where it interacts with immobilised TSH receptors which have not been blocked by bound TRAb. The amount of M22-biotin bound to the plate is then determined in a third incubation step by addition of streptavidin peroxidase, which binds specifically to biotin. Excess unbound streptavidin peroxidase is then discarded and addition of 3,3',5,5'-tetramethylbenzidine (TMB) resulting in the formation of a blue colour. This reaction is stopped by addition of stop solution mixture at 450nm is then read using an ELISA plate reader. A lower absorbance indicates the presence of TRAb in a test sample (as TRAb inhibit the binding of M22-biotin to TSHR coated plate wells). The measuring range is 0.4 - 30 u/L (NIBSC 90/672).

## 3 STORAGE AND PREPARATION OF SERUM SAMPLES

Sera to be analysed should be assayed soon after separation or stored, preferably in aliquots, at or below -20°C. 150µL is sufficient for one assay (duplicate 75µL determinations are recommended). Repeated freeze-thawing or increases in storage temperature must be avoided. Incorrect storage of serum samples can lead to loss of TRAb activity. Do not use lipaemic or haemolysed serum or samples containing particulates. Do not use plasma in the assay. When required, thaw test sera at room temperature and mix gently to ensure homogeneity. Centrifuge the serum prior to assay (preferably for 5 minutes at 10-15 000g in a microfuge) to remove any particulate matter. Please do not omit this centrifugation step for sera that are cloudy or contain particulates.

## 4 MATERIALS REQUIRED AND NOT SUPPLIED

Pipettes capable of dispensing 50  $\mu$ L, 75  $\mu$ L, 100 $\mu$ L and appropriate volumes for diluting SAPOD (F)

Means of diluting concentrated wash (I)

Pure water

ELISA plate reader suitable for 96 well formats and capable of measuring at 450nm

ELISA Plate shaker, capable of 500 shakes/min (not an orbital shaker)

**ELISA Plate cover** 

## 5 PREPARATION OF REAGENTS SUPPLIED

## A TSH Receptor Coated Wells

12 breakapart strips of 8 wells (96 in total) in a frame and sealed in a foil bag. Allow to stand at room temperature for at least 30 minutes before opening.

Ensure stripwells are fitted firmly into frame provided. After opening, return any unused wells to the original foil packet and seal with adhesive tape. Place foil bag in the self-seal plastic bag with desiccant provided, at 2-8°C for up to 12 weeks.

## B Start Buffer

10 mL Coloured yellow Ready for use

## C1-5 Calibrators

0.4, 1, 2.5, 10 and 30 u/L (units are NIBSC 90/672) 5 x 1.0 mL Ready for use

#### D1 Negative control 1.0 mL Ready for use

#### D2 Positive control (See certificate of analysis for concentration range) 1.0 mL Ready for use

15 mL Coloured red Ready for use

## F Streptavidin Peroxidase (SAPOD)

1 x 0.75mL Concentrated

Dilute 1 in 20 with diluent for SAPOD (G). For example, 0.5mL (F) + 9.5mL (G). Store at 2 – 8°C after dilution for up to kit expiry date.

## G Diluent for SAPOD

15 mL Ready for use

H Peroxidase substrate (TMB) 15 mL

Ready for use

I Concentrated wash solution 100 mL

Concentrated

Dilute to 1 litre with pure water before use. Store at  $2 - 8^{\circ}$ C up to kit expiry.

## J Stop solution

10 mL Ready for use

# 6 ASSAY PROCEDURE

Allow all reagents and test samples to stand at room temperature (20-25°C) for at least 30 minutes. A repeating Eppendorf type pipette is recommended for steps 1, 5, 8, 10 & 11.Duplicate determinations are strongly recommended for test sera, calibrators and controls.

- 1. Pipette **75**  $\mu$ L of start buffer (B) into each well to be used, leaving the last well for a blank (see step 12).
- 2. Pipette **75** μL of calibrators (C1-5), controls (D1 and D2) and test sera into respective wells (start with the 30 u/L calibrator and descend down the plate to the negative control and then test sera) (except blank).
- 3. Cover the frame and shake the wells for 2 hours at room temperature  $(20 25^{\circ}C)$  on an ELISA plate shaker (500 shakes per min.).
- 4. Aspirate well contents by use of a plate washing machine or discard by briskly inverting the frame of stripwells over a suitable receptacle. Wash the wells once by addition of diluted wash solution (I) and aspirating the wash by use of a plate washing machine, or discard the wash by briskly inverting the frame of stripwells over a suitable receptacle. Tap the inverted wells gently on a clean, dry, absorbent surface to remove excess wash solution (only necessary if washing plate by hand).
- 5. Pipette **100**µL of M22-biotin (E) into each well (except blank). Avoid splashing the material out of the wells during addition.
- 6. Cover the plate, and incubate at room temperature for 25 minutes without shaking.
- **7.** Repeat wash step 4.
- 8. Pipette **100µL** of diluted streptavidin peroxidase (F) into each well (except blank) and incubate at room temperature for 20 minutes without shaking.
- **9.** Aspirate well contents by use of a plate washing machine or discard by briskly inverting the frame of stripwells over a suitable receptacle. Wash the wells twice with diluted wash solution (I) followed by once with pure water (to remove any foam) and tap the inverted wells gently on a clean dry absorbent surface to remove excess wash solution (if a plate washing machine is used, the plate can be washed 3 times with diluted wash solution (I) only).
- **10.** Pipette **100**µL of TMB (H) into each well (including blank) and incubate in the dark at room temperature for 30 minutes without shaking.
- **11.** Pipette **50**µL stop solution (J) into each well (including blank) and shake the plate for approximately 5 seconds on a plate shaker. Ensure substrate incubation times are the same for each well.

**12.** Read the absorbance of each well at 450nm using an ELISA plate reader, blanked against a well containing **100µL** of TMB (H) and **50µL** stop solution (J) only.

# 7 RESULTS ANALYSIS

A calibration curve can be established by plotting calibrator concentration on the x-axis (log scale) against the absorbance of the calibrators on the y-axis (linear scale). The TRAb concentrations in patient sera can then be read off the calibration curve. Other data reduction systems can be used.

Results can also be expressed as inhibition (%I) of M22 binding calculated using the formula;

100 x 
$$\left(1 - \frac{\text{test sample absorbance at 450 nm}}{\text{negative control (D1) absorbance 450 nm}}\right)$$

Samples with high TRAb concentrations can be diluted in kit negative control (D1). For example, 20  $\mu$ L of sample plus 180  $\mu$ L of negative control to give a 10x dilution. Other dilutions (e.g. 100x) can be prepared from a 10x dilution or otherwise as appropriate. Some sera will not dilute in a linear way and we suggest that the dilution giving a value closest to 50% inhibition is used for calculation of TRAb concentration.

## 8 TYPICAL RESULTS

#### Example only, not for calculation of actual results

Sample	Absorbance at 450nm (minus blank)	%I	u/L	
Control D1	2.290			
C1	1.987	13	0.4	
C2	1.618	29	1	
C3	1.108	52	2.5	
C4	0.261	89	10	
C5	0.079	97	30	
Control D2	1.488	35	1.3	



## 9 ASSAY CUT OFF

Cut off:-	u/L		
Negative	<0.4 u/L		
Positive	≥0.4 u/L		

## 10 CLINICAL EVALUATION

## **10.1 Clinical Specificity**

139 samples from healthy blood donors were assayed in the 3<sup>rd</sup> generation TRAb ELISA kit. All 139 were found to be negative for TSHR autoantibodies.

#### **10.2 Clinical Sensitivity**

108 samples from patients with Graves' disease (treated and untreated patients) were assayed and 103 (95%) were identified as being positive for TSHR autoantibodies.

#### **10.3** Lower Detection Limit

The kit negative control was assayed 50 times and the mean and standard deviation calculated. The lower detection limit at 2 standard deviations was 0.08 u/L.

#### 10.4 Inter Assay Precision

Sample	U/mL (n=20)	CV (%)	
1	5.5	8.7	
2	1.6	8.8	

#### 10.5 Intra Assay Precision

Sample	U/mL (n=25)	CV (%)		
3	1.3	5.5		
4	5.1	4.2		

#### **10.6 Clinical Accuracy**

Analysis of sera from patients with autoimmune diseases other than Graves' disease indicated no interference from autoantibodies to thyroglobulin; thyroid peroxidase; glutamic acid decarboxylase; 21-hydroxylase; acetylcholine receptor; dsDNA or from rheumatoid factor.

#### 10.7 Interference

No interference was observed when samples were spiked with the following materials; intralipid up to 30 mg/mL; haemoglobin up to 5 mg/mL; bilirubin up to 0.2 mg/mL; human LH up to 10 u/mL; hCG up to 160 u/mL; human FSH up to 70 u/mL and human TSH up to 3 u/L.

The data quoted in these instructions should be used for guidance only. It is recommended that each laboratory include its own panel of control samples in the assay. Each laboratory should establish its own normal and pathological reference ranges for TRAb levels.

## 11 SAFETY CONSIDERATION

This kit is intended for *in vitro* use by professional persons only. Follow the instructions carefully. Observe expiry dates stated on the labels and the specified stability for reconstituted reagents. Refer to Materials Safety Data Sheet for more detailed safety information. Material of human origin used in the preparation of the kit has been tested and found non reactive for HIV1 and 2 and HCV antibodies and HBsAg but should, none the less, be handled as potentially infectious. Wash hands thoroughly if contamination has occurred and before leaving the laboratory. Sterilise all potentially contaminated waste, including test specimens before disposal. Material of animal origin used in the preparation of the kit has been obtained from animals certified as healthy but these materials should be handled as potentially infectious. Some components contain small quantities of sodium azide as preservative. With all kit components, avoid ingestion, inhalation, injection and contact with skin, eyes and clothing. Avoid formation of heavy metal azides in the drainage system by flushing any kit component away with copious amounts of water.

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# 12 ASSAY PLAN

Allow all reagents and samples to reach room temperature (20-25 °C ) before use				
Pipette: <b>75µL</b> Start buffer into each well (except blank)				
Pipette:	75µL Calibrators (starting with the highest concentration and			
	descending to the lowest), kit controls, patient sera (leaving the			
	last well for a blank)			
Incubate: 2 hours at room temperature on an ELISA plate shak				
	shakes/min			
Aspirate/Decant:	Plate			
Wash:	Plate once on automatic washer (or wash once, invert and tap			
	dry on absorbent material for manual washing)			
Pipette: <b>100µL</b> M22-biotin into each well (except blank)				
Incubate: 25 minutes at room temperature without shaking				
Aspirate/Decant:	Plate			
Wash: Plate once as above				
Pipette:	<b>100µL</b> SAPOD (diluted 1:20) into each well (except blank)			
Incubate: 20 minutes at room temperature without shaking				
Aspirate/Decant: Plate				
Wash:	Plate three times on automatic washer (or wash twice, rinse once			
	with pure water and dry on absorbent material for manual			
	washing)			
Pipette:         100µL TMB into each well (including blank)				
Incubate: 30 minutes at room temperature in the dark without shaki				
Pipette: <b>50µL</b> stop solution into each well (including blank)and sl				
for 5 seconds				
Read absorbance at 450 nm				
Do not perform the assay at temperatures above 25 °C .				

# 13 REFERENCES

B. Rees Smith et al
A new assay for thyrotropin receptor autoantibodies
Thyroid 2004 <u>14</u>: 830-835
K Kamijo et al
Clinical Evaluation of 3<sup>rd</sup> Generation assay for Thyrotropin Receptor Antibodies: The M22biotin-based ELISA initiated by Smith
Endocrine Journal 2005 <u>52</u>: 525-529

# NOTES





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