

HUMAN INTERLEUKIN - 4 ELISA

Product Data Sheet

Cat. No.: RBMS225/2R

For Research Use Only

CONTENTS

1	INTENDED USE	3
2	SUMMARY	3
3	PRINCIPLES OF THE TEST	4
4	REAGENTS PROVIDED	5
5	STORAGE INSTRUCTIONS – ELISA KIT	5
6	SPECIMEN COLLECTION AND STORAGE INSTRUCTIONS	6
7	MATERIALS REQUIRED BUT NOT PROVIDED	6
8	PRECAUTIONS FOR USE	7
9	PREPARATION OF REAGENTS	8
10	TEST PROTOCOL	11
11	CALCULATION OF RESULTS	13
12	LIMITATIONS	16
13	PERFORMANCE CHARACTERISTICS	16
14	REFERENCES	19
15	REAGENT PREPARATION SUMMARY	21
16	TEST PROTOCOL SUMMARY	22

- This kit is manufactured by:
 BioVendor Laboratorní medicína, a.s.
- Use only the current version of Product Data Sheet enclosed with the kit!

1 INTENDED USE

The human IL-4 ELISA is an enzyme-linked immunosorbent assay for the quantitative detection of human IL-4. The human IL-4 ELISA is for research use only. Not for diagnostic or therapeutic procedures.

2 SUMMARY

Human IL-4 exists in molecular weight forms between 15 and 19 kDa, representing variable glycosylation (17). The gene for human IL-4 is found on the long arm of chromsome 5 in close association with genes for IL-13, IL-5 GM-CSF and IL-3 (16).

IL-4 mediates its function by binding to receptors expressed on target cells. The IL-4 receptors exhibit an affinity of approximately 10-10 M (17). Receptors exist on freshly prepared B and T lymphocytes and macrophages, as well as on various cell lines including lymphoid cells, mast cell lines, a variety of other hematopoietic cell lines, fibroblasts and stromal cell lines (10, 13, 15). On T and B cells, receptors are present in low numbers (appr. 400), which are reported to be up-regulated by IL-2 and IL-4 (4, 12, 14).

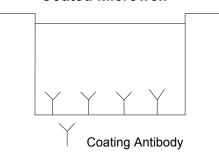
IL-4 is produced by a particular subset of T helper cells, the TH2 cells. These cells tend to make a specific set of lymphokines including IL-4, IL-5, IL-6, IL-10, IL-13, IL-3 and GM-CSF and fail to produce IL-2,

IFN γ , and lymphotoxin (TNF β) (17). Apart from T cells, it has been shown that mast cells can produce IL-4 (18).

IL-4 exerts numerous effects on various hematopoietic cell types. On B cells, IL-4 promotes immunological class switching to IgE and IgG1 isotypes and upregulates MHC class II and CD23 expression (2, 8, 19, 20). It can promote survival, growth, and differentiation of both T and B lymphocytes (1, 3, 5, 21), mast cells (6, 11), and endothelial cells (22). In addition, IL-4 can inhibit the production of TNF, IL-1, and IL-6 by macrophages (7, 9).

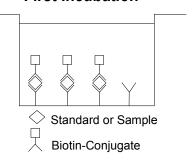
An anti-human IL-4 coating antibody is adsorbed onto Figure 1 microwells.

Coated Microwell



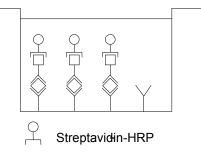
Human IL-4 present in the sample or standard binds to Figure 2 antibodies adsorbed to the microwells. A biotin-conjugated anti-human IL-4 antibody is added and binds to human IL-4 captured by the first antibody.





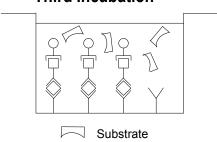
Following incubation unbound biotin-conjugated anti-human Figure 3 IL-4 antibody is removed during a wash step. Streptavidin-HRP is added and binds to the biotin-conjugated antihuman IL-4 antibody.

Second Incubation

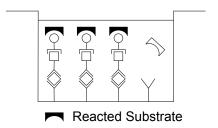


Following incubation unbound Streptavidin-HRP is removed Figure 4 during a wash step, and substrate solution reactive with HRP is added to the wells.

Third Incubation



A coloured product is formed in proportion to the amount of Figure 5 human IL-4 present in the sample or standard. The reaction is terminated by addition of acid and absorbance is measured at 450 nm. A standard curve is prepared from 7 human IL-4 standard dilutions and human IL-4 sample concentration determined.



4 REAGENTS PROVIDED

- aluminium pouch with with a Antibody Coated Microtiter Strips with monoclonal antibody to human IL-4
- vial (100 µl) Biotin-Conjugate anti-human IL-4 monoclonal antibody 1
- vial (150 µl) Streptavidin-HRP 1
- vials human IL-4 **Standard** lyophilized, 1000 pg/ml upon reconstitution
- vial (5 ml) Assay Buffer Concentrate 20x (PBS with 1% Tween 20 and 10% BSA) 1
- bottle (50 ml) Wash Buffer Concentrate 20x (PBS with 1% Tween 20) 1
- vial (15 ml) **Substrate Solution** (tetramethyl-benzidine) 1
- vial (15 ml) **Stop Solution** (1M Phosphoric acid)
- vial (0.4 ml) Blue-Dye 1
- 1 vial (0.4 ml) **Green-Dve**
- vial (0.4 ml) Red-Dve 1
- **Adhesive Films**

5 STORAGE INSTRUCTIONS – ELISA KIT

Store kit reagents between 2° and 8°C. Immediately after use remaining reagents should be returned to cold storage (2° to 8°C). Expiry of the kit and reagents is stated on labels. Expiry of the kit components can only be guaranteed if the components are stored properly, and if, in case of repeated use of one component, this reagent is not contaminated by the first handling.

6 SPECIMEN COLLECTION AND STORAGE INSTRUCTIONS

Cell culture supernatant, serum, plasma and urine were tested with this assay. Other biological samples might be suitable for use in the assay. Remove serum or plasma from the clot or cells as soon as possible after clotting and separation.

Pay attention to a possible "**Hook Effect**" due to high sample concentrations (see chapter 11). Samples containing a visible precipitate must be clarified prior to use in the assay. Do not use grossly hemolyzed or lipemic specimens.

Samples should be aliquoted and must be stored frozen at -20°C to avoid loss of bioactive human IL-4. If samples are to be run within 24 hours, they may be stored at 2° to 8°C (for sample stability refer to 13.5).

Avoid repeated freeze-thaw cycles. Prior to assay, the frozen sample should be brought to room temperature slowly and mixed gently.

Do not thaw samples in a 37°C water bath. Do not vortex or sharply agitate samples.

7 MATERIALS REQUIRED BUT NOT PROVIDED

- 5 ml and 10 ml graduated pipettes
- 5 μl to 1000 μl adjustable single channel micropipettes with disposable tips
- 50 μl to 300 μl adjustable multichannel micropipette with disposable tips
- Multichannel micropipette reservoir
- Beakers, flasks, cylinders necessary for preparation of reagents
- Device for delivery of wash solution (multichannel wash bottle or automatic wash system)
- Microwell strip reader capable of reading at 450 nm (620 nm as optional reference wave length)
- Glass-distilled or deionized water
- Statistical calculator with program to perform regression analysis

- All chemicals should be considered as potentially hazardous. We therefore recommend that this product is handled only by those persons who have been trained in laboratory techniques and that it is used in accordance with the principles of good laboratory practice. Wear suitable protective clothing such as laboratory overalls, safety glasses and gloves. Care should be taken to avoid contact with skin or eyes. In the case of contact with skin or eyes wash immediately with water. See material safety data sheet(s) and/or safety statement(s) for specific advice.
- Reagents are intended for research use only and are not for use in diagnostic or therapeutic procedures.
- Do not mix or substitute reagents with those from other lots or other sources.
- Do not use kit reagents beyond expiration date on label.
- Do not expose kit reagents to strong light during storage or incubation.
- Do not pipette by mouth.
- Do not eat or smoke in areas where kit reagents or samples are handled.
- Avoid contact of skin or mucous membranes with kit reagents or specimens.
- Rubber or disposable latex gloves should be worn while handling kit reagents or specimens.
- Avoid contact of substrate solution with oxidizing agents and metal.
- Avoid splashing or generation of aerosols.
- In order to avoid microbial contamination or cross-contamination of reagents or specimens which may invalidate the test use disposable pipette tips and/or pipettes.
- Use clean, dedicated reagent trays for dispensing the conjugate and substrate reagent.
- Exposure to acid inactivates the conjugate.
- Glass-distilled water or deionized water must be used for reagent preparation.
- Substrate solution must be at room temperature prior to use.
- Decontaminate and dispose specimens and all potentially contaminated materials as they could contain infectious agents. The preferred method of decontamination is autoclaving for a minimum of 1 hour at 121.5°C.
- Liquid wastes not containing acid and neutralized waste may be mixed with sodium hypochlorite in volumes such that the final mixture contains 1.0% sodium hypochlorite.
 Allow 30 minutes for effective decontamination. Liquid waste containing acid must be neutralized prior to the addition of sodium hypochlorite.

Buffer Concentrates should be brought to room temperature and should be diluted before starting the test procedure.

If crystals have formed in the **Buffer Concentrates**, warm them gently until they have completely dissolved.

9.1 Wash Buffer (1x)

Pour entire contents (50 ml) of the **Wash Buffer Concentrate** (20x) into a clean 1000 ml graduated cylinder. Bring to final volume of 1000 ml with glass-distilled or deionized water. Mix gently to avoid foaming. The pH of the final solution should adjust to 7.4.

Transfer to a clean wash bottle and store at 2° to 25°C. Please note that Wash Buffer (1x) is stable for 30 days.

Wash Buffer (1x) may also be prepared as needed according to the following table:

Number of Strips	Wash Buffer Concentrate (20x) (ml)	Distilled Water (ml)
1 - 6	25	475
1 - 12	50	950

9.2 Assay Buffer (1x)

Pour the entire contents (5 ml) of the **Assay Buffer Concentrate** (20x) into a clean 100 ml graduated cylinder. Bring to final volume of 100 ml with distilled water. Mix gently to avoid foaming.

Store at 2° to 8°C. Please note that the Assay Buffer (1x) is stable for 30 days.

Assay Buffer (1x) may also be prepared as needed according to the following table:

Number of Strips	Assay Buffer Concentrate (20x) (ml)	Distilled Water (ml)
1 - 6	2.5	47.5
1 - 12	5.0	95.0

9.3 Biotin-Conjugate

Please note that the Biotin-Conjugate should be used within 30 minutes after dilution.

Make a 1:100 dilution of the concentrated **Biotin-Conjugate** solution with Assay Buffer (1x) in a clean plastic tube as needed according to the following table:

Number of Strips	Biotin-Conjugate (ml)	Assay Buffer (1x) (ml)
1 - 6	0.03	2.97
1 - 12	0.06	5.94

9.4 Streptavidin-HRP

Please note that the Streptavidin-HRP should be used within 30 minutes after dilution.

Make a 1:200 dilution of the concentrated **Streptavidin-HRP** solution with Assay Buffer (1x) in a clean plastic tube as needed according to the following table:

Number of Strips	Streptavidin-HRP (ml)	Assay Buffer (1x) (ml)
1 - 6	0.03	5.97
1 - 12	0.06	11.94

9.5 Human IL-4 Standard

Reconstitute **human IL-4 standard** by addition of distilled water for **exactly 10 minutes**.

Reconstitution volume is stated on the label of the standard vial. Swirl or mix gently to insure complete and homogeneous solubilisation (concentration of reconstituted standard = 1000 pg/ml). The standard has to be used immediately after reconstitution time and cannot be stored. **Standard dilutions** can be prepared directly on the microwell plate (see 10.c) or alternatively in tubes (see 9.5.1).

9.5.1 External Standard Dilution

Label 7 tubes, one for each standard point.

S1, S2, S3, S4, S5, S6, S7

Then prepare 1:2 serial dilutions for the standard curve as follows:

Pipette 225 µl of Assay Buffer (1x) into each tube.

Pipette 225 μ I of reconstituted standard (concentration = 1000 pg/ml) into the first tube, labelled S1, and mix (concentration of standard 1 = 500 pg/ml).

Pipette 225 µl of this dilution into the second tube, labelled S2, and mix thoroughly before the next transfer. Repeat serial dilutions 5 more times thus creating the points of the standard curve (see Figure 6). Assay Buffer (1x) serves as blank.

Figure 6

Transfer 225 µl

S1 S2 S3 S4 - S7

Reconstituted Assay Buffer (1x)
225 µl

Standard

Discard
225 µl

9.6 Addition of Colour-giving Reagents: Blue-Dye, Green-Dye, Red-Dye

This procedure is optional, does not in any way interfere with the test results, and is designed to help the customer with the performance of the test, but can also be omitted, just following the instruction booklet.

Alternatively, the dye solutions from the stocks provided (*Blue-Dye, Green-Dye, Red-Dye*) can be added to the reagents according to the following guidelines:

1. Diluent: Before standard and sample dilution add the **Blue-Dye** at a dilution of 1:250 (see table below) to the appropriate diluent (1x) according to the test protocol. After addition of **Blue-Dye**, proceed according to the instruction booklet.

5 ml Assay Buffer (1x)	20 μΙ ΒΙυε-Dye
12 ml Assay Buffer (1x)	48 μΙ ΒΙυε-Dye
50 ml Assay Buffer (1x)	200 μΙ ΒΙυε-Dye

2. Biotin-Conjugate: Before dilution of the concentrated Biotin-Conjugate, add the *Green-Dye* at a dilution of 1:100 (see table below) to the Assay Buffer (1x) used for the final conjugate dilution. Proceed after addition of *Green-Dye* according to the instruction booklet: Preparation of Biotin-Conjugate.

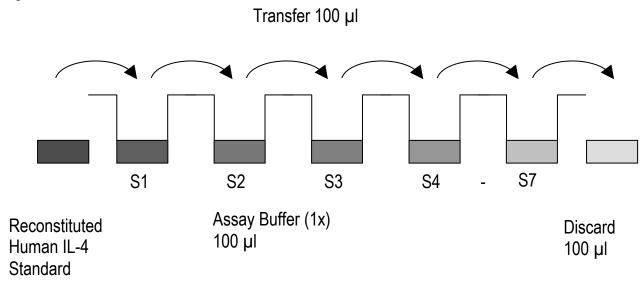
3 ml Assay Buffer (1x)	30 µl Green-Dye
6 ml Assay Buffer (1x)	60 µl Green-Dye

3. Streptavidin-HRP: Before dilution of the concentrated Streptavidin-HRP, add the *Red-Dye* at a dilution of 1:250 (see table below) to the Assay Buffer (1x) used for the final Streptavidin-HRP dilution. Proceed after addition of *Red-Dye* according to the instruction booklet: Preparation of Streptavidin-HRP.

6 ml Assay Buffer (1x)	24 µl Red-Dye
12 ml Assay Buffer (1x)	48 µl Red-Dye

- a. Determine the number of microwell strips required to test the desired number of samples plus appropriate number of wells needed for running blanks and standards. Each sample, standard, blank and optional control sample should be assayed in duplicate. Remove extra microwell strips from holder and store in foil bag with the desiccant provided at 2°-8°C sealed tightly.
- b. Wash the microwell strips twice with approximately 400 µl Wash Buffer per well with thorough aspiration of microwell contents between washes. Allow the Wash Buffer to sit in the wells for about 10 15 seconds before aspiration. Take care not to scratch the surface of the microwells. After the last wash step, empty wells and tap microwell strips on absorbent pad or paper towel to remove excess Wash Buffer. Use the microwell strips immediately after washing. Alternatively microwell strips can be placed upside down on a wet absorbent paper for not longer than 15 minutes. Do not allow wells to dry.
- c. Standard dilution on the microwell plate (Alternatively the standard dilution can be prepared in tubes see 9.5.1): Add 100 µl of Assay Buffer (1x) in duplicate to all standard wells. Pipette 100 µl of prepared standard (see Preparation of Standard 0, concentration = 1000 pg/ml) in duplicate into well A1 and A2 (see Table 1). Mix the contents of wells A1 and A2 by repeated aspiration and ejection (concentration of standard 1, S1 = 500 pg/ml), and transfer 100 µl to wells B1 and B2, respectively (see Figure 7). Take care not to scratch the inner surface of the microwells. Continue this procedure 5 times, creating two rows of human IL-4 standard dilutions ranging from 500.0 to 7.8 pg/ml. Discard 100 µl of the contents from the last microwells (G1, G2) used.

Figure 7



In case of an <u>external standard dilution</u> (see 9.5.1), pipette 100 μ I of these standard dilutions (S1 - S7) in the standard wells according to Table 1.

Table 1
Table depicting an example of the arrangement of blanks, standards and samples in the microwell strips:

	1	2	3	4
Α	Standard 1 (500.0 pg/ml)	Standard 1 (500.0 pg/ml)	Sample 1	Sample 1
В	Standard 2 (250.0 pg/ml)	Standard 2 (250.0 pg/ml)	Sample 2	Sample 2
С	Standard 3 (125.0 pg/ml)	Standard 3 (125.0 pg/ml)	Sample 3	Sample 3
D	Standard 4 (62.5 pg/ml)	Standard 4 (62.5 pg/ml)	Sample 4	Sample 4
E	Standard 5 (31.3 pg/ml)	Standard 5 (31.3 pg/ml)	Sample 5	Sample 5
F	Standard 6 (15.6 pg/ml)	Standard 6 (15.6 pg/ml)	Sample 6	Sample 6
G	Standard 7 (7.8 pg/ml)	Standard 7 (7.8 pg/ml)	Sample 7	Sample 7
Н	Blank	Blank	Sample 8	Sample 8

- d. Add 100 µl of **Assay Buffer (1x)** in duplicate to the **blank wells**.
- e. Add 50 µl of **Assay Buffer (1x)** to the **sample wells**.
- f. Add 50 µl of each **sample** in duplicate to the **sample wells**.
- g. Prepare **Biotin-Conjugate** (see Preparation of Biotin-Conjugate 9.3).
- h. Add 50 µl of **Biotin-Conjugate** to all wells.
- i. Cover with an adhesive film and incubate at 2 room temperature (18 to 25°C) for 2 hours, if available on a microplate shaker set at 100 rpm.
- j. Prepare **Streptavidin-HRP** (refer to Preparation of Streptavidin-HRP 9.4).
- k. Remove adhesive film and empty wells. **Wash** microwell strips 3 times according to point b. of the test protocol. Proceed immediately to the next step.
- I. Add 100 μ I of diluted **Streptavidin-HRP** to all wells, including the blank wells.
- m. Cover with an adhesive film and incubate at room temperature (18° to 25°C) for 1 hour, if available on a microplate shaker set at 100 rpm.
- n. Remove adhesive film and empty wells. **Wash** microwell strips 3 times according to point b. of the test protocol. Proceed immediately to the next step.
- o. Pipette 100 µl of **TMB Substrate Solution** to all wells.
- p. Incubate the microwell strips at room temperature (18° to 25°C) for about 10 min. Avoid direct exposure to intense light. The colour development on the plate should be monitored and the substrate reaction stopped (see next point of this protocol) before positive wells are no longer properly recordable. Determination of the ideal time period for colour development has to be done individually for each assay. It is recommended to add the stop solution when the highest standard has developed a dark

- blue colour. Alternatively the colour development can be monitored by the ELISA reader at 620 nm. The substrate reaction should be stopped as soon as Standard 1 has reached an OD of 0.6 0.65.
- q. Stop the enzyme reaction by quickly pipetting 100 µl of **Stop Solution** into each well. It is important that the Stop Solution is spread quickly and uniformly throughout the microwells to completely inactivate the enzyme. Results must be read immediately after the Stop Solution is added or within one hour if the microwell strips are stored at 2 8°C in the dark.
- r. Read absorbance of each microwell on a spectro-photometer using 450 nm as the primary wave length (optionally 620 nm as the reference wave length; 610 nm to 650 nm is acceptable). Blank the plate reader according to the manufacturer's instructions by using the blank wells. Determine the absorbance of both the samples and the standards.

Note: In case of incubation without shaking the obtained O.D. values may be lower than indicated below. Nevertheless the results are still valid.

11 CALCULATION OF RESULTS

- Calculate the average absorbance values for each set of duplicate standards and samples. Duplicates should be within 20 per cent of the mean value.
- Create a standard curve by plotting the mean absorbance for each standard concentration on the ordinate against the human IL-4 concentration on the abscissa. Draw a best fit curve through the points of the graph (a 5-parameter curve fit is recommended).
- To determine the concentration of circulating human IL-4 for each sample, first find the mean absorbance value on the ordinate and extend a horizontal line to the standard curve.
 At the point of intersection, extend a vertical line to the abscissa and read the corresponding human IL-4 concentration.
- If instructions in this protocol have been followed samples have been diluted 1:2 (50 μl sample + 50 μl Assay Buffer (1x)), the concentration read from the standard curve must be multiplied by the dilution factor (x 2).
- Calculation of samples with a concentration exceeding standard 1 may result in incorrect, low human IL-4 levels (Hook Effect). Such samples require further external predilution according to expected human IL-4 values with Assay Buffer (1x) in order to precisely quantitate the actual human IL-4 level.
- It is suggested that each testing facility establishes a control sample of known human IL-4 concentration and runs this additional control with each assay. If the values obtained are not within the expected range of the control, the assay results may be invalid.
- A representative standard curve is shown in Figure 8. This curve cannot be used to derive test results. Each laboratory must prepare a standard curve for each group of microwell strips assayed.

Figure 8
Representative standard curve for human IL-4 ELISA. Human IL-4 was diluted in serial 2-fold steps in Assay Buffer (1x). Do not use this standard curve to derive test results. A standard curve must be run for each group of microwell strips assayed.

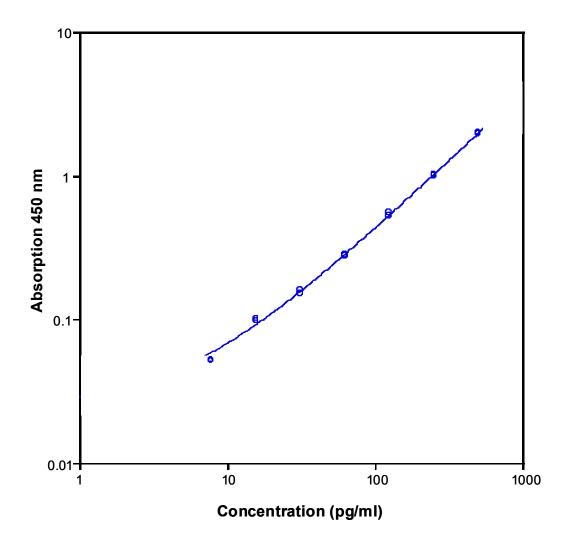


Table 2
Typical data using the human IL-4 ELISA

Measuring wavelength: 450 nm Reference wavelength: 620 nm

	Human IL-4		Mean O.D. at	
Standard	Concentration (pg/ml)	O.D. at 450 nm	450 nm	C.V. (%)
1	500.0	1.944	1.964	1.4
	500.0	1.984		
2	250.0	0.997	1.006	1.2
	250.0	1.014		
3	125.0	0.528	0.539	2.8
	125.0	0.549		
4	62.5	0.274	0.278	1.8
	62.5	0.281		
5	31.3	0.150	0.155	4.1
	31.3	0.159		
6	15.6	0.098	0.099	1.4
	15.6	0.100		
7	7.8	0.051	0.052	1.4
	7.8	0.052		
Blank	0	0.023		
	0	0.021		

The OD values of the standard curve may vary according to the conditions of assay performance (e.g. operator, pipetting technique, washing technique or temperature effects). Furthermore shelf life of the kit may affect enzymatic activity and thus colour intensity. Values measured are still valid.

12 LIMITATIONS

- Since exact conditions may vary from assay to assay, a standard curve must be established for every run.
- Bacterial or fungal contamination of either screen samples or reagents or crosscontamination between reagents may cause erroneous results.
- Disposable pipette tips, flasks or glassware are preferred, reusable glassware must be washed and thoroughly rinsed of all detergents before use.
- Improper or insufficient washing at any stage of the procedure will result in either false positive or false negative results. Empty wells completely before dispensing fresh wash solution, fill with Wash Buffer as indicated for each wash cycle and do not allow wells to sit uncovered or dry for extended periods.
- The use of radioimmunotherapy has significantly increased the number of patients with human anti-mouse IgG antibodies (HAMA). HAMA may interfere with assays utilizing murine monoclonal antibodies leading to both false positive and false negative results. Serum samples containing antibodies to murine immunoglobulins can still be analysed in such assays when murine immunoglobulins (serum, ascitic fluid, or monoclonal antibodies of irrelevant specificity) are added to the sample.

13 PERFORMANCE CHARACTERISTICS

13.1 Sensitivity

The limit of detection of human IL-4 defined as the analyte concentration resulting in an absorbance significantly higher than that of the dilution medium (mean plus 2 standard deviations) was determined to be 1.3 pg/ml (mean of 6 independent assays).

13.2 Reproducibility

13.2.1 Intra-assay

Reproducibility within the assay was evaluated in 3 independent experiments. Each assay was carried out with 6 replicates of 6 serum samples containing different concentrations of human IL-4. 2 standard curves were run on each plate. Data below show the mean human IL-4 concentration and the coefficient of variation for each sample (see Table 3). The calculated overall intra-assay coefficient of variation was 4.8%.

Table 3
The mean human IL-4 concentration and the coefficient of variation for each sample

		Mean Human IL-4	Coefficient of
Sample	Experiment	Concentration (pg/ml)	Variation (%)
1	1	732.6	1.5
	2	672.2	10.0
	3	687.1	3.2
2	1	437.5	6.1
	2	405.8	6.1
	3	488.6	5.3
3	1	168.5	7.9
	2	173.3	2.7
	3	157.6	1.5
4	1	141.6	3.9
	2	132.1	4.2
	3	131.9	5.1
5	1	125.3	5.1
	2	111.1	7.7
	3	102.9	1.1
6	1	56.5	6.2
	2	56.3	2.5
	3	56.9	5.7

13.2.2 Inter-assay

Assay to assay reproducibility within one laboratory was evaluated in 3 independent experiments. Each assay was carried out with 6 replicates of 6 serum samples containing different concentrations of human IL-4. 2 standard curves were run on each plate. Data below show the mean human IL-4 concentration and the coefficient of variation calculated on 18 determinations of each sample (see Table 4). The calculated overall inter-assay coefficient of variation was 5.6%.

Table 4
The mean human IL-4 concentration and the coefficient of variation of each sample

Sample	Mean Human IL-4 Concentration (pg/ml)	Coefficient of Variation (%)
1	697.3	4.5
2	444.0	9.4
3	166.5	4.8
4	135.2	4.1
5	113.1	10.0
6	56.6	0.6

13.3 Spiking Recovery

The spiking recovery was evaluated by spiking 4 levels of human IL-4 into pooled normal human serum. Recoveries were determined in 3 independent experiments with 8 replicates each.

The unspiked serum was used as blank in these experiments.

The recovery ranged from 75% to 111% with an overall mean recovery of 94%.

13.4 Dilution Linearity

3 serum samples with different levels of human IL-4 were analysed at serial 2 fold dilutions with 4 replicates each.

The recovery ranged from 104% to 120% with an overall recovery of 113%.

13.5 Sample Stability

13.5.1 Freeze-Thaw Stability

Aliquots of serum and cellculture supernatant samples (spiked or unspiked) were stored at - 20°C and thawed 5 times, and the human IL-4 levels determined. There was no significant loss of human IL-4 immunoreactivity detected by freezing and thawing.

13.5.2 Storage Stability

Aliquots of serum and cellculture supernatant samples (spiked or unspiked) were stored at -20°C, 2-8°C, room temperature (RT) and at 37°C, and the human IL-4 level determined after 24 h. There was no significant loss of human IL-4 immunoreactivity detected during storage under above conditions.

13.6 Specificity

The interference of circulating factors of the immune systeme was evaluated by spiking these proteins at physiologically relevant concentrations into a human IL-4 positive serum. There was no crossreactivity detected.

13.7 Expected Values

A panel of 22 sera samples from randomly selected apparently healthy donors (males and females) was tested for human IL-4.

There were no detectable human IL-4 levels found.

Elevated human IL-4 levels depend on the type of immunological disorder.

- 1) Brown M., J. Hu-Li, and W. E. Paul. (1988). IL-4/B cell stimulatory factor-1 stimulates T cell growth by an IL-2 independent mechanism. J. Immunol. 141, 504-511.
- 2) Coffman R. L., J. Ohara, M. W. Bond, J. Carty, A. Zlotnik, and W. E. Paul. (1986). B cell stimulatory factor-1 enhances IgE response of lipopolysaccharide-activated B cells. J. Immunol. 136, 4538-4541.
- 3) De France T., T. Vanbervliet, J. P Aubrey, et al. (1987). B cell growth promoting activity of recombinant human interleukin 4. J. Immunol. 139, 1135-1141.
- 4) Foxwell B. M. J., G. Woerly, and B. Ruffel. (1989). Identification of interleukin 4 receptor-associated proteins and expression of both high and low-affinity binding on human lymphoid cells. Eur. J. Immunol. 19, 1637-1641.
- 5) Grabstein K. H., L. S. Park, P. J. Morrisey, H. Sassenfeld, V. Price, D. L. Urdal, and M. B. Widmer. (1987). Regulation of murine T cell proliferation by B cell stimulatory factor-1. J. Immunol. 139, 1148-1153.
- 6) Hamaguchi Y, Y. Kanakura, J. Fujita, et al. (1987). Interleukin 4 as an essential factor for in vitro clonal growth of murine connective tissue-type mast cells. J. Exp. Med. 165, 268-273.
- 7) Hart P. H., G. F. Vitti, D. R. Burgess, G. A. Whitty, D. S. Piccoli, and J. A. Hamilton. (1989). Potential antiinflammatory effects of interleukin 4: suppression of human monocyte, tumour necrosis factor interleukin 1, and prostaglandin E2. Proc. Natl. Acad. Sci, USA 86, 3803-3807.
- 8) Kikutani H, S. Inui, R. Sato et al. (1986). Molecular structure of human lymphocyte receptor for immunoglobulin. Cell 47, 657-665.
- 9) Lee J. D., S. G. Swisher, E. H. Minehart, W. H. McBride, and J. S. Economou. (1990). Interleukin 4 downregulates interleukin 6 production in human peripheral blood mononuclear cells. J. Leukocyte Biol. 47, 475-479.
- 10) Lowenthal J., B. Castle, J. Schreurs, D. Rennick, N. Arai, P. Hoy, Y. Takebe, and M. Howard. (1988). Expression of high affinity receptors for interleukin 4 on hemopoietic and non-hemopoietic cells. J. Immunol. 140, 456.
- 11) Mossman T. R., M. W. Bond, R. L. Coffman, J. Ohara, and W. E. Paul. (1986). T-cell and mast cell lines respond to B-cell stimulator factor-1. Proc. Natl. Acad. Sci. USA, 5654-5658.
- 12) Puri R. K., D. S. Finbloom, P. Leland, M. Mostowski, and J. P. Siegel. (1990). Expression of high affinity IL-4 receptors on murine tumour infiltrating lymphocytes and their upregulation by IL-2. Immunol. 70, 492-497.
- 13) Ohara J., and W. E. Paul. (1987). Receptors for B-cell stimulatory factor-1 expressed on cells of hematopoietic lineage. Nature 325, 537.
- 14) Ohara J., and W. E. Paul. (1988). Upregulation of interleukin 4/B cell stimulatory factor-1 receptor expression. Proc. Natl. Acad. Sci. USA 85, 8221-8225.

- 15) Park L., D. Friend, K. Grabstein, and D. Urdal. (1987). Characterization of the high-affinity cell-surface receptor for murine B-cell stimulating factor. Proc. Natl. Acad. Sci. USA 84, 1669.
- 16) Paul W. E., and R. A. Seder. (1994). Lymphocyte responses and cytokines. Cell 76, 241-251.
- 17) Paul W. E. (1991). Interleukin-4: A prototypic immunoregulatory lymphokine. Blood 77, 1859-1870.
- 18) Plaut M., J. H. Pierce, C. J. Watson, J. Hanley-Hyde, R. P. Nordan, and W. E. Paul. (1989). Mast cell lines produce lymphokines in response to cross linkage of FC*R1 or to calcium ionophores. Nature 339, 64-67.
- 19) Roehm N. W., H. J. Leibson, A. Zlotnik, J. Kappler, P. Marrack, and J. Cambier. (1984). Interleukin-induced increase in la expression by normal mouse B cells. J. Exp. Med. 160, 679-694.
- 20) Sideras P., S. Bergstedt-Lindqvist, H. R. MacDonald, and E. Severinson. (1985). Secretion of IgG1 induction factor by T cell clones and hybridomas. Eur. J. Immunol. 15, 586-593.
- 21) Spits H., H. Yssel, X. Paliard, R. Kastelein, C. Figdor, and J. E. DeVries. (1988). IL-4 inhibits IL-2 mediated induction of human lymphokine activated killer cells but not the generation of antigen specific cytotoxic T lymphocytes in mixed leukocyte cultures. J. Immunol. 141, 29-36.
- 22) Toi M., A. L. Harris, and R. Bicknell. (1991). Interleukin 4 is a potent mitogen for capillary endothelium. Biochem. Biophys. Res. Commun. 174, 1287-1293.

15.1 Wash Buffer (1x)

Add Wash Buffer Concentrate 20x (50 ml) to 950 ml distilled water.

Number of Strips	Wash Buffer Concentrate (ml)	Distilled Water (ml)	
1 - 6	25	475	
1 - 12	50	950	

15.2 Assay Buffer (1x)

Add **Assay Buffer Concentrate** 20x (5 ml) to 95 ml distilled water.

Number of Strips	Assay Buffer Concentrate (ml)	Distilled Water (ml)		
1 - 6	2.5	47.5		
1 - 12	5.0	95.0		

15.3 Biotin-Conjugate

Make a 1:100 dilution of **Biotin-Conjugate** in Assay Buffer (1x):

Number of Strips	Biotin-Conjugate (ml)	Assay Buffer (1x) (ml)		
1 - 6	0.03	2.97		
1 - 12	0.06	5.94		

15.4 Streptavidin-HRP

Make a 1:200 dilution of **Streptavidin-HRP** in Assay Buffer (1x):

Number of Strips	Streptavidin-HRP (ml)	Assay Buffer (1x) (ml)	
1 - 6	0.03	5.97	
1 - 12	0.06	11.94	

15.5 Human IL-4 Standard

Reconstitute lyophilized human IL-4 standard with distilled water for exactly 10 minutes. (Reconstitution volume is stated on the label of the standard vial.)

16 TEST PROTOCOL SUMMARY

- 1. Determine the number of microwell strips required.
- 2. Wash microwell strips twice with Wash Buffer.
- 3. <u>Standard dilution on the microwell plate</u>: Add 100 µl Assay Buffer (1x), in duplicate, to all standard wells. Pipette 100 µl prepared standard into the first wells and create standard dilutions by transferring 100 µl from well to well. Discard 100 µl from the last wells.

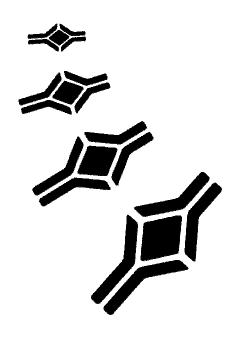
Alternatively <u>external standard dilution</u> in tubes (see 9.5.1): Pipette 100 µl of these standard dilutions in the microwell strips.

- 4. Add 100 µl Assay Buffer (1x), in duplicate, to the blank wells.
- 5. Add 50 µl Assay Buffer (1x) to sample wells.
- 6. Add 50 µl sample in duplicate, to designated sample wells.
- 7. Prepare Biotin-Conjugate.
- 8. Add 50 µl Biotin-Conjugate to all wells.
- 9. Cover microwell strips and incubate 2 hours at room temperature (18° to 25°C).
- 10. Prepare Streptavidin-HRP.
- 11. Empty and wash microwell strips 3 times with Wash Buffer.
- 12. Add 100 µl diluted Streptavidin-HRP to all wells.
- 13. Cover microwell strips and incubate 1 hour at room temperature (18° to 25°C).
- 14. Empty and wash microwell strips 3 times with Wash Buffer.
- 15. Add 100 µl of TMB Substrate Solution to all wells.
- 16. Incubate the microwell strips for about 10 minutes at room temperature (18° to 25°C).
- 17. Add 100 µl Stop Solution to all wells.
- 18. Blank microwell reader and measure colour intensity at 450 nm.

Note: If instructions in this protocol have been followed samples have been diluted 1:2 (50 μ l sample + 50 μ l Assay Buffer (1x)), the concentration read from the standard curve must be multiplied by the dilution factor (x 2).

NOTES





HEADQUARTERS: BioVendor Laboratorní medicína, a.s.	CTPark Modrice Evropska 873	664 42 Modrice CZECH REPUBLIC	Phone: Fax:	+420-549-124-185 +420-549-211-460	E-mail:info@biovendor.com Web:www.biovendor.com
EUROPEAN UNION: BioVendor GmbH	Im Neuenheimer Feld 583	D-69120 Heidelberg GERMANY		+49-6221-433-9100 +49-6221-433-9111	E-mail: infoEU@biovendor.com
USA, CANADA AND MEXICO: BioVendor LLC	1463 Sand Hill Road Suite 227	Candler, NC 28715 USA	Phone: Fax:	+1-828-670-7807 +1-800-404-7807 +1-828-670-7809	E-mail: infoUSA@biovendor.com
CHINA - Hong Kong Office: BioVendor Laboratories Ltd	Room 4008 Hong Kong Plaza, No.188	Connaught Road West Hong Kong, CHINA		+852-2803-0523 +852-2803-0525	E-mail: infoHK@biovendor.com
CHINA – Mainland Office: BioVendor Laboratories Ltd	Room 2405 YiYa Tower TianYu Garden, No.150	Lihe Zhong Road Guang Zhou, CHINA		+86-20-8706-3029 +86-20-8706-3016	E-mail: infoCN@biovendor.com