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Instructions for use CA 125 ELISA











CA 125 ELISA

INTRODUCTION

Intended Use

The **CA 125 ELISA** is an enzyme immunoassay for the quantitative *in vitro diagnostic* measurement of CA 125 in serum and plasma.

Summary and Explanation

The CA 125 ELISA is an assay for the detection of OC 125 reactive determinants on a heterogeneous, high-molecular-weight (200 - 1000 kDa) glycoprotein in serum. This glycoprotein was originally defined by the OC 125 monoclonal antibody established by Bast et al. (1). OC 125 reactive determinants can be found in a high percentage of non-mucinous epithelial ovarian tumors and are found in the serum of women bearing such tumors.

CA 125 values are increased in most patients with active epithelial ovarian cancer, including those with stage I disease (2). Elevated CA 125 values are also found in 1-2% of healthy individuals and may be elevated in diseases other than ovarian carcinoma, including both benign and malignant disorders (3,4).

In women with primary epithelial ovarian carcinoma who had undergone first-line therapy followed by diagnostic second-look procedures, a CA 125 assay value greater than or equal to 35 U/mL was found to be indicative of the presence of residual tumor. CA125 level above 12 U/mL at the end of primary therapy is an independent predictor of overall survival (OS) and progression-free survival (PFS) (5,6,7).

A CA 125 value below 35 U/mL does not indicate the absence of residual ovarian cancer because patients with histopathologic evidence of ovarian carcinoma may have CA 125 assay values within the range of healthy individuals.

It is recommended that the CA 125 ELISA be used by or under the order of a physician trained and experienced in the management of gynecological cancers.

PRINCIPLE OF THE TEST

The CA 125 ELISA-kit is a solid phase enzyme-linked immunosorbent assay (ELISA) based on the sandwich principle.

The microtiter wells are coated with a monoclonal [mouse] antibody directed towards a unique antigenic site of the CA 125 molecule. An aliquot of patient sample containing endogenous CA 125 is incubated in the coated well with enzyme conjugate, which is a monoclonal anti- CA 125 antibody conjugated with horseradish peroxidase. After incubation the unbound conjugate is washed off.

The amount of bound peroxidase is proportional to the concentration of CA 125 in the sample.

Having added the substrate solution, the intensity of colour developed is proportional to the concentration of CA 125 in the patient sample.

WARNINGS AND PRECAUTIONS

- 1. This kit is for in vitro diagnostic use only. For professional use only.
- 2. All reagents of this test kit which contain human serum or plasma have been tested and confirmed negative for HIV I/II, HBsAg and HCV by FDA approved procedures. All reagents, however, should be treated as potential biohazards in use and for disposal.
- 3. Before starting the assay, read the instructions completely and carefully. <u>Use the valid version of the package insert provided with the kit</u>. Be sure that everything is understood.
- 4. The microplate contains snap-off strips. Unused wells must be stored at 2 °C to 8 °C in the sealed foil pouch and used in the frame provided.
- 5. Pipetting of samples and reagents must be done as quickly as possible and in the same sequence for each step.
- 6. Use reservoirs only for single reagents. This especially applies to the substrate reservoirs. Using a reservoir for dispensing a substrate solution that had previously been used for the conjugate solution may turn solution colored. Do not pour reagents back into vials as reagent contamination may occur.
- 7. Mix the contents of the microplate wells thoroughly to ensure good test results. Do not reuse microwells.
- 8. Do not let wells dry during assay; add reagents immediately after completing the rinsing steps.
- 9. Allow the reagents to reach room temperature (21-26°C) before starting the test. Temperature will affect the absorbance readings of the assay. However, values for the patient samples will not be affected.
- 10. Never pipet by mouth and avoid contact of reagents and specimens with skin and mucous membranes.
- 11. Do not smoke, eat, drink or apply cosmetics in areas where specimens or kit reagents are handled.
- 12. Wear disposable latex gloves when handling specimens and reagents. Microbial contamination of reagents or specimens may give false results.
- 13. Handling should be done in accordance with the procedures defined by an appropriate national biohazard safety guideline or regulation.
- 14. Do not use reagents beyond expiry date as shown on the kit labels.
- 15. All indicated volumes have to be performed according to the protocol. Optimal test results are only obtained when using calibrated pipettes and microtiterplate readers.

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- 16. Do not mix or use components from kits with different lot numbers. It is advised not to exchange wells of different plates even of the same lot. The kits may have been shipped or stored under different conditions and the binding characteristics of the plates may result slightly different.
- 17. Avoid contact with Stop Solution containing 0.5 M H₂SO₄. It may cause skin irritation and burns.
- 18. Some reagents may contain Proclin 300, BND and/or MIT as preservatives. In case of contact with eyes or skin, flush immediately with water.
- 19. TMB substrate has an irritant effect on skin and mucosa. In case of possible contact, wash eyes with an abundant volume of water and skin with soap and abundant water. Wash contaminated objects before reusing them. If inhaled, take the person to open air.
- 20. Chemicals and prepared or used reagents have to be treated as hazardous waste according to the national biohazard safety guideline or regulation.
- 21. For information on hazardous substances included in the kit please refer to Material Safety Data Sheets. Material Safety Data Sheets for this product are available upon request.

Kit Components

Contents of the Kit

TUT 96

TM E-4331 Microtiterwells

12x8 (break apart) strips, 96 wells: Wells coated with anti-CA 125 mouse monoclonal antibody.

Standards + Controls

	Cat. no.	Standard	Standard Concentration	
CAL 0	TM E-4301	Zero Standard	0 U/mL	3 ml
CAL 1	TM E-4302	Standard 1	25 U/mL	0.5 ml
CAL 2	TM E-4303	Standard 2	75 U/mL	0.5 ml
CAL 3	TM E-4304	Standard 3	150 U/mL	0.5 ml
CAL 4	TM E-4305	Standard 4	300 U/mL	0.5 ml
CAL 5	TM E-4306	Standard 5	600 U/mL	0.5 ml
CONTROL 1	TM E-4351	Control 1	Refer to vial labels for	0.5 ml
CONTROL 2	TM E-4352	Control 2	expected value and acceptable range!	0.5 ml

contain non-mercuryas preservative.

CONJUGATE

TM E-4340 Enzyme Conjugate

1 vial, 7 mL, ready to use, Anti-CA 125 antibody (monoclonal) conjugated to horseradish peroxidase; Contains non-mercury preservative.

SUBSTRATE

FR E-0055 Substrate Solution

1 vial, 14 mL, ready to use; TMB.

STOP-SOLN

FR E-0080 Stop Solution

1 vial, 14 mL, ready to use; contains 0.5M H₂SO₄. Avoid contact with the stop solution. It may cause skin irritations and burns.

WASH- CONC 40x

FR E-0030 Wash Solution

1 vial, 30 mL (40X concentrated) see "Preparation of Reagents"

Note: Additional Zero Standard for sample dilution is available on request.

Materials required but not provided

A microtiter plate calibrated reader (450 \pm 10 nm) Calibrated variable precision micropipettes.

Absorbent paper.

Distilled or deionized water

Timer

Graph paper or software for data reduction

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Storage Conditions

When stored at 2 °C to 8 °C unopened reagents will retain reactivity until expiration date. Do not use reagents beyond this date.

Opened reagents must be stored at 2 °C to 8 °C. Microtiter wells must be stored at 2 °C to 8 °C. Once the foil bag has been opened, care should be taken to close it tightly again.

Opened kits retain activity for 8 weeks if stored as described above.

Reagent Preparation

Bring all reagents and required number of strips to room temperature prior to use.

Wash Solution

Add deionized water to the 40X concentrated Wash Solution.

Dilute 30 mL of concentrated *Wash Solution* with 1170 mL deionized water to a final volume of 1200 mL. *The diluted Wash Solution is stable for 2 weeks at room temperature.*

Disposal of the Kit

The disposal of the kit must be made according to the national regulations. Special information for this product is given in the Material Safety Data Sheet.

Damaged Test Kits

In case of any severe damage to the test kit or components, the supplier has to be informed in writing, at the latest, one week after receiving the kit. Severely damaged single components should not be used for a test run. They have to be stored until a final solution has been found. After this, they should be disposed according to the official regulations.

SPECIMEN COLLECTION AND PREPARATION

Serum and Plasma (EDTA, Heparin, Citrate) can be used in this assay.

Do not use haemolytic, icteric or lipaemic specimens.

Please note: Samples containing sodium azide should not be used in the assay.

Specimen Collection

Serum:

Collect blood by venipuncture (e.g. Sarstedt Monovette # 02.1388.001), allow to clot, and separate serum by centrifugation at room temperature. Do not centrifuge before complete clotting has occurred. Patients receiving anticoagulant therapy may require increased clotting time.

Plasma:

Whole blood should be collected into centrifuge tubes containing anti coagulant and centrifuged immediately after collection.

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(E.g. for EDTA plasma for Heparin plasma for Citrate plasma Sarstedt Monovette – red cap - # 02.166.001; Sarstedt Monovette – orange cap - # 02.165.001; Sarstedt Monovette – green cap - # 02.167.001.)
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Specimen Storage and Preparation

Specimens should be capped and may be stored for up to 2 days at 2 °C to 8 °C prior to assaying. Specimens held for a longer time (up to 12 months) should be frozen only once at -20°C prior to assay. Thawed samples should be inverted several times prior to testing.

Specimen Dilution

If in an initial assay, a specimen is found to contain more than the highest standard, the specimens can be diluted with *Zero Standard* and reassayed as described in Assay Procedure.

For the calculation of the concentrations this dilution factor has to be taken into account.

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a) dilution 1:10: 10 μL sample + 90 μL Zero Standard (mix thoroughly)
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b) dilution 1:100: 10 µL dilution a) 1:10 + 90 µL Zero Standard (mix thoroughly).

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ASSAY PROCEDURE

General Remarks

- All reagents and specimens must be allowed to come to room temperature before use. All reagents must be mixed without foaming.
- Once the test has been started, all steps should be completed without interruption.
- Use new disposal plastic pipette tips for each standard, control or sample in order to avoid cross contamination.
- Absorbance is a function of the incubation time and temperature. Before starting the assay, it is recommended that all reagents are ready, caps removed, all needed wells secured in holder, etc. This will ensure equal elapsed time for each pipetting step without interruption.
- As a general rule the enzymatic reaction is linearly proportional to time and temperature.

Test Procedure

Each run must include a standard curve.

- **1.** Secure the desired number of Microtiterwells in the holder.
- 2. Dispense **50** µL of each Standard, Control and samples with new disposable tips into appropriate wells.
- 3. Dispense **50 μL** freshly diluted Enzyme Conjugate into each well. Thoroughly mix for 10 seconds. It is important to have a complete mixing in this step.
- **4.** Incubate for **60 minutes** at room temperature without covering the plate.
- **5.** Briskly shake out the contents of the wells.

Rinse the wells $\bf 3$ times with diluted Wash Solution (300 μL per well). Strike the wells sharply on absorbent paper to remove residual droplets.

Important note:

The sensitivity and precision of this assay is markedly influenced by the correct performance of the washing procedure!

- 6. Add 100 µL of Substrate Solution to each well.
- **7.** Incubate for **15 minutes** at room temperature.
- 8. Stop the enzymatic reaction by adding 100 µL of Stop Solution to each well.
- **9.** Determine the absorbance (OD) of each well at $450 \pm 10 \text{ nm}$ with a microtiter plate reader.

It is recommended that the wells be read within 10 minutes after adding the Stop Solution.

Calculation of Results

- 1. Calculate the average absorbance values for each set of standards, controls and patient samples.
- 2. Manual method: Using linear graph paper, construct a standard curve by plotting the mean absorbance obtained from each standard against its concentration with absorbance value on the vertical (Y) axis and concentration on the horizontal (X) axis.
- 3. Using the mean absorbance value for each sample determine the corresponding concentration from the standard curve.
- 4. Automated method: The results in the IFU have been calculated automatically using a 4 PL (4 Parameter Logistics) curve fit. 4 Parameter Logistics is the preferred method. Other data reduction functions may give slightly different results.
- 5. The concentration of the samples can be read directly from this standard curve. Samples with concentrations higher than that of the highest standard have to be further diluted or reported as > 600 U/mL. For the calculation of the concentrations this dilution factor has to be taken into account.

Example of Typical Standard Curve

The following data is for demonstration only and **cannot** be used in place of data generations at the time of assay.

Standard	Optical Units (450 nm)		
Standard 0 (0 U/mL)	0.02		
Standard 1 (25 U/mL)	0.16		
Standard 2 (75 U/mL)	0.41		
Standard 3 (150 U/mL)	0.75		
Standard 4 (300 U/mL)	1.27		
Standard 5 (600 U/mL)	1.76		

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EXPECTED NORMAL VALUES

It is strongly recommended that each laboratory should determine its own normal and abnormal values.

In a study conducted with apparently normal healthy adults using the CA 125 ELISA the following values are observed:

Population	Valid N	Mean (U/mL)	Median (U/mL)	5 th Percentile (U/mL)	95 th Percentile (U/mL)
Males	35	6.47	8.90	2.53	18.80
Females	35	3.51	5.30	1.67	13.09

Clinical studies recommend a cut-off range between 35-65 U/mL for diagnosis and follow up of ovarian cancer (8-9).

The results alone should not be the only reason for any therapeutic consequences. The results should be correlated to other clinical observations and diagnostic tests.

QUALITY CONTROL

Good laboratory practice requires that controls be run with each calibration curve. A statistically significant number of controls should be assayed to establish mean values and acceptable ranges to assure proper performance.

It is recommended to use control samples according to state and federal regulations. The use of control samples is advised to assure the day to day validity of results. Use controls at both normal and pathological levels.

The controls and the corresponding results of the QC-Laboratory are stated in the QC certificate added to the kit. The values and ranges stated on the QC sheet always refer to the current kit lot and should be used for direct comparison of the results.

It is also recommended to make use of national or international Quality Assessment programs in order to ensure the accuracy of the results.

Employ appropriate statistical methods for analysing control values and trends. If the results of the assay do not fit to the established acceptable ranges of control materials, patient results should be considered invalid.

In this case, please check the following technical areas: Pipetting and timing devices, photometer, expiring dates of reagents, storage and incubation conditions, aspiration and washing methods.

After checking the above mentioned items without finding any error, contact your distributor.

PERFORMANCE CHARACTERISTICS

Assay Dynamic Range

The range of the assay is between 0.25 U/mL - 600 U/mL.

Specificity of Antibodies (Cross Reactivity)

The following substances were tested for cross reactivity (in %) of the assay:

CA 19-9 (0%), CEA (0%),

CA 72-4 (0%).

Sensitivity

The <u>analytical sensitivity</u> of the CA 125 ELISA was calculated by adding 2 standard deviations to the mean of 20 replicate analyses of the Zero Standard) and was found to be 0.25 U/mL.

Reproducibility

Intra Assay

The within assay variability is shown below:

Sample	n	Mean (U/mL)	CV (%)
1	20	16.9	5.9
2	20	26.7	5.8
3	20	135.8	4.5

Inter Assay

The between assay variability is shown below:

Sample	n	Mean (U/mL)	CV (%)
1	40	19.5	13.8
2	40	33.8	10.6
3	40	82.7	6.5

Recovery

Samples have been spiked by adding CA 125 solutions with known concentrations in a 1:1 ratio.

The % recovery has been calculated by multiplication of the ratio of the measurements and the expected values with 100 (expected value = (endogenous CA 125 + added CA 125) / 2; because of a 1:2 dilution of serum with spike material).

		Sample 1	Sample 2	Sample 3
Concentration [U/mL]		19.0	97.1	191.1
Average Recovery		89.4	94.4	94.9
Dange of Deceyony [0/-1	from	89.1	91.4	93.4
Range of Recovery [%]	to	89.7	99.8	96.3

Linearity

		Sample 1	Sample 2	Sample 3
Concentration [U/mL]		17.7	29.5	103.0
Average Recovery		106.9	101.7	90.6
Damas of December 10/ 1	from	95.8	90.7	88.7
Range of Recovery [%]	to	113.3	108.6	94.8

LIMITATIONS OF USE

Reliable and reproducible results will be obtained when the assay procedure is performed with a complete understanding of the package insert instruction and with adherence to good laboratory practice. Any improper handling of samples or modification of this test might influence the results.

Interfering Substances

Haemoglobin (up to 4 mg/mL), Bilirubin (up to 0.5 mg/mL) and Triglyceride (up to 30 mg/mL) have no influence on the assay results.

The assay contains reagents to minimize interference of HAMA and heterophilic antibodies. However, extremely high titers of HAMA or heterophilic antibodies may interfere with the test results.

Drug Interferences

Until today no substances (drugs) are known to us which have an influence to the measurement of CA 125 in a sample.

High-Dose-Hook Effect

No hook effect was observed in this test up to 19,200 U/mL of CA 125.

LEGAL ASPECTS

Reliability of Results

The test must be performed exactly as per the manufacturer's instructions for use. Moreover, the user must strictly adhere to the rules of GLP (Good Laboratory Practice) or other applicable national standards and/or laws. This is especially relevant for the use of control reagents. It is important to always include, within the test procedure, a sufficient number of controls for validating the accuracy and precision of the test. The test results are valid only if all controls are within the specified ranges, and if all other test parameters are also within the given assay specifications. In case of any doubt or concern please contact us.

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Therapeutic Consequences

Therapeutic consequences should never be based on laboratory results alone even if all test results are in agreement with the items as stated under point "Reliability of Results". Any laboratory result is only a part of the total clinical picture of a patient.

Only in cases where the laboratory results are in acceptable agreement with the overall clinical picture of the patient should therapeutic consequences be derived.

The test result itself should never be the sole determinant for deriving any therapeutic consequences.

Liability

Any modification of the test kit and/or exchange or mixture of any components of different lots from one test kit to another could negatively affect the intended results and validity of the overall test. Such modification and/or exchanges invalidate any claim for replacement.

Claims submitted due to customer misinterpretation of laboratory results subject to point "Therapeutic Consequences" are also invalid. Regardless, in the event of any claim, the manufacturer's liability is not to exceed the value of the test kit. Any damage caused to the test kit during transportation is not subject to the liability of the manufacturer.

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Symbols:

+2 +8 °C	Storage temperature	***	Manufacturer	Σ	Contains sufficient for <n> tests</n>
\subseteq	Expiry date	LOT	Batch code	IVD	For in-vitro diagnostic use only!
[i]	Consult instructions for use	CONT	Content	CE	CE labelled
\triangle	Caution	REF	Catalogue number	RUO	For research use only!

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