

**MILLIPLEX™ MAP**

**HUMAN GUT HORMONE PANEL KIT  
96 Well Plate Assay**

**#HGT-68K**

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## INTRODUCTION

In the study of obesity, advances are unfolding at a rapid pace, providing new hope for unraveling and potentially eradicating this disease. What we know about obesity has been transformed by the identification of several gut hormones or peptide hormones. While much still remains unknown about the specific role they play in the cause of obesity, we do know that these peptides play a significant role in the regulation of gut motility and secretion, pancreatic islet hormone secretion, food intake and energy expenditure. In addition evidence of their presence and synthesis may be detectable in other organs of the body, taking part in both neurotransmission and neuromodulation, including the brain where they may function as neuropeptides.

To help you advance today's knowledge, Millipore now offers a Human Gut Hormone multiplex assay. This panel, developed for the Luminex® xMAP® platform, simultaneously measures the hormones GLP-1 (active), GIP (total), Ghrelin (active), PYY (total), PP, Amylin (active), Leptin, and Insulin, providing an extremely valuable tool to study the physiological implications these peptide hormones may have throughout the body.

***This kit is for research purposes only.***

***Please read entire protocol before use.***

***It is important to use same assay incubation conditions throughout your study.***

## PRINCIPLE

MILLIPLEX™ MAP is based on the Luminex® xMAP® technology — one of the fastest growing and most respected multiplex technologies offering applications throughout the life sciences and capable of performing a variety of bioassays including immunoassays on the surface of fluorescent-coded beads known as microspheres.

- Luminex® uses proprietary techniques to internally color-code microspheres with two fluorescent dyes. Through precise concentrations of these dyes, 100 distinctly colored bead sets can be created, each of which is coated with a specific capture antibody.
- After an analyte from a test sample is captured by the bead, a biotinylated detection antibody is introduced.
- The reaction mixture is then incubated with Streptavidin-PE conjugate, the reporter molecule, to complete the reaction on the surface of each microsphere.
- The microspheres are allowed to pass rapidly through a laser which excites the internal dyes marking the microsphere set. A second laser excites PE, the fluorescent dye on the reporter molecule.
- Finally, high-speed digital-signal processors identify each individual microsphere and quantify the result of its bioassay based on fluorescent reporter signals.

The capability of adding multiple conjugated beads to each sample results in the ability to obtain multiple results from each sample. Open-architecture xMAP® technology enables multiplexing of many types of bioassays reducing time, labor and costs over traditional methods.

## STORAGE CONDITIONS UPON RECEIPT

- Recommended storage for kit components is 2 - 8 °C.
- Once the standards and controls have been reconstituted, immediately transfer contents into polypropylene vials. **DO NOT STORE RECONSTITUTED STANDARDS OR CONTROLS IN GLASS VIALS.** For long-term storage, freeze reconstituted standards and controls at  $\leq -20^{\circ}\text{C}$ . Avoid multiple (>2) freeze/thaw cycles.
- **DO NOT FREEZE Antibody-Immobilized Beads, Detection Antibodies, and Streptavidin-Phycoerythrin.**

## REAGENTS SUPPLIED

**Note: Store all reagents at 2 – 8 °C**

| REAGENTS SUPPLIED                                 | CATALOG NUMBER | VOLUME         | QUANTITY   |
|---|----------------|----------------|--|
| Human Gut Hormone Standard                        | LHGT-8068      | lyophilized    | 1 vial   |
| Human Gut Hormone Quality Controls 1 and 2        | LHGT-6068      | lyophilized    | 2 vials  |
| Serum Matrix<br>Note: Contains 0.08% Sodium Azide | LHGT-SM        | lyophilized    | 1 vial<br>(required for serum and plasma samples only) |
| Bead Diluent                                      | LHE-BD         | 3.5 mL         | 1 bottle   |
| Set of one 96-Well Filter Plate with 2 Sealers    | MX-PLATE       | -----          | 1 plate<br>2 sealers                                   |
| Assay Buffer<br>Note: Contains 0.08% Sodium Azide | LE-ABGLP       | 30 mL / bottle | 2 bottles  |
| 10X Wash Buffer<br>Note: Contains 0.05% Proclin   | L-WB           | 30 mL          | 1 bottle   |
| Human Gut Hormone Detection Antibodies            | LHGT-1068      | 5.5 mL         | 1 bottle   |
| Streptavidin-Phycoerythrin                        | L-SAPE         | 5.5 mL         | 1 bottle   |
| Mixing Bottle                                     | -----          | -----          | 1 bottle   |

**Included Human Gut Hormone Antibody-Immobilized Beads are dependent on customizable selection of hormones within the panel.**

### Human Gut Hormone Antibody-Immobilized Beads:

| Bead/Analyte Name          | Luminex<br>Bead<br>Region | Customizable 9 Analytes<br>(20X concentration, 200µL)<br>Available |          |
|----------------------------|---------------------------|--|----------|
|                            |                           |  | Cat. #   |
| Anti-Amylin (active) Bead  | 15                        | ✓  | RME-AMLN |
| Anti-Ghrelin (active) Bead | 18                        | ✓  | HGRLN    |
| Anti-Leptin Bead           | 22                        | ✓  | HE-LPTN  |
| Anti-GIP (total) Bead      | 47                        | ✓  | HGIP     |
| Anti-GLP-1 (active) Bead   | 53                        | ✓  | HRE-GLP1 |
| Anti-Amylin (total) Bead   | 55                        | ✓  | HE-AMLN  |
| Anti-PP Bead               | 76                        | ✓  | HPP      |
| Anti-PYY (total) Bead      | 80                        | ✓  | HPYYT    |
| Anti-Insulin Bead          | 82                        | ✓  | HE-INS   |

**Note that Amylin (active) and Amylin (total) cannot be run together in the same assay.**

## **MATERIALS REQUIRED BUT NOT PROVIDED**

### Reagents

1. Luminex Sheath Fluid (Luminex Catalogue #40-50000)

### Instrumentation / Materials

1. Adjustable Pipettes with Tips capable of delivering 5  $\mu$ L to 1000  $\mu$ L
2. Multichannel Pipettes capable of delivering 5  $\mu$ L to 50  $\mu$ L or 25  $\mu$ L to 200  $\mu$ L
3. Reagent Reservoirs
4. Polypropylene Microfuge Tubes
5. Rubber Bands
6. Absorbent Pads
7. Laboratory Vortex Mixer
8. Sonicator (Branson Ultrasonic Cleaner Model #B200 or equivalent)
9. Titer Plate Shaker (Lab-Line Instruments Model #4625 or equivalent)
10. Vacuum Filtration Unit (Millipore Vacuum Manifold Catalog #MSVMHTS00 or equivalent with Millipore Vacuum Pump Catalog #WP6111560 or equivalent)
11. Luminex 100™ IS, 200™, or HTS by Luminex Corporation
12. Plate Stand (Millipore Catalog # MX-STAND)

## **SAFETY PRECAUTIONS**

- All blood components and biological materials should be handled as potentially hazardous. Follow universal precautions as established by the Centers for Disease Control and Prevention and by the Occupational Safety and Health Administration when handling and disposing of infectious agents.
- Sodium Azide or Proclin has been added to some reagents as a preservative. Although the concentrations are low, Sodium Azide and Proclin may react with lead and copper plumbing to form highly explosive metal azides. On disposal, flush with a large volume of water to prevent azide build up.

## **TECHNICAL GUIDELINES**

To obtain reliable and reproducible results, the operator should carefully read this entire manual and fully understand all aspects of each assay step before running the assay. The following notes should be reviewed and understood before the assay is set up.

- FOR RESEARCH USE ONLY. NOT FOR USE IN DIAGNOSTIC PROCEDURES.
- Do not use beyond the expiration date on the label.
- Do not mix or substitute reagents with those from other lots or sources.
- The Antibody-Immobilized Beads are light sensitive and must be protected from light at all times. Cover the assay plate containing beads with opaque plate lid or aluminum foil during all incubation steps.
- It is important to allow all reagents to warm to room temperature (20-25°C) before use in the assay.

- The bottom of the Microtiter Filter Plate should not be in direct contact with any surface during assay set-up or incubation times. The plate can be set on a plate stand or on the non-flat side of the plate cover or any other plate holder to raise the plate from the surface. A plate stand can be purchased separately from Millipore (Millipore Catalog #MX-STAND).
- Incomplete washing can adversely affect the assay outcome. All washing must be performed with the Wash Buffer provided.
- After the wash steps, keep the bottom of the Microtiter Filter Plate clean by blotting on paper towels or absorbent pads to prevent any leakage due to capillary action.
- Keep the vacuum suction on the plate as low as possible. It is recommended to have a vacuum setting that will remove 200  $\mu$ L of buffer in  $\geq 5$  seconds (equivalent to  $< 100$  mmHg).
- After hydration, all Standards and Controls must be transferred to polypropylene tubes.
- The Standards prepared by serial dilution must be used within 1 hour of preparation. Discard any unused standards except the standard stock which may be stored at  $\leq -20^{\circ}\text{C}$  for 1 month and at  $\leq -80^{\circ}\text{C}$  for greater than one month.
- If samples fall outside the dynamic range of the assay, further dilute the samples with the appropriate diluent and repeat the assay.
- Any unused mixed Antibody-Immobilized Beads may be stored in the Mixing Bottle at  $2-8^{\circ}\text{C}$  for up to one month.
- During the preparation of the standard curve, make certain to mix the higher concentration well before making the next dilution. Use a new tip with each dilution.
- The plate should be read immediately after the assay is finished. If, however, the plate cannot be read immediately, seal the plate, cover with aluminum foil or an opaque lid, and store the plate at  $2-8^{\circ}\text{C}$  for up to 24 hours. Prior to reading, agitate the plate on the plate shaker at room temperature for 10 minutes. Delay in reading a plate may result in decreased sensitivity for some hormones.
- The titer plate shaker should be set at a speed to provide maximum orbital mixing without splashing of liquid outside the wells. For the recommended plate shaker, this would be a setting of 5-7 which is approximately 500-800 rpm.
- Ensure that the needle probe is clean. This may be achieved by sonication and/or alcohol flushes. Adjust probe height according to the protocols recommended by Luminex to the kit filter plate using 3 alignment discs prior to reading an assay.
- For cell culture supernatants or tissue extraction, use the culture or extraction medium as the matrix solution in background, standard curve and control wells. If samples are diluted in Assay Buffer, use the Assay Buffer as matrix.
- For serum/plasma samples, use the Serum Matrix provided in the kit.
- For cell/tissue homogenate, the final cell or tissue homogenate should be prepared in a buffer that has a neutral pH, contains minimal detergents or strong denaturing detergents, and has an ionic strength close to physiological concentration. Avoid debris, lipids, and cell/tissue aggregates. Centrifuge samples before use.
- Vortex all reagents well before adding to plate.

## **SAMPLE COLLECTION AND STORAGE**

### **A. Preparation of Serum Samples:**

- After collecting blood samples, invert tube several times to mix, immediately add DPPIV inhibitor (for GLP-1 measurement), Protease Inhibitor cocktail (for amylin measurement), and Serine protease inhibitor (for active ghrelin measurement). We recommend using Millipore's DPPIV inhibitor, Sigma's Protease inhibitor cocktail, and Roche's Pefabloc SC (AEBSF).
- Allow the blood to clot for at least 30 minutes before centrifugation for 10 minutes at 1000xg. Remove serum and assay immediately or aliquot and store samples at  $\leq -20^{\circ}\text{C}$ .
- Avoid multiple ( $>2$ ) freeze/thaw cycles.
- When using frozen samples, it is recommended to thaw the samples completely, mix well by vortexing and centrifuge prior to use in the assay to remove particulates.
- For normal samples, no dilution is required. If dilution is necessary use Serum Matrix to dilute serum samples prior to assay.

### **B. Preparation of Plasma Samples:**

- Plasma collection using EDTA as an anticoagulant is recommended. After collecting blood, immediately add DPPIV inhibitor (for GLP-1 measurement), Protease Inhibitor cocktail (for amylin measurement), and Serine protease inhibitor (for active ghrelin measurement). We recommend using Millipore's DPPIV inhibitor, Sigma's Protease inhibitor cocktail, and Roche's Pefabloc SC (AEBSF). Invert tube several times to mix.
- Centrifuge for 10 minutes at 1000xg within 30 minutes of blood collection. Remove plasma and assay immediately or aliquot and store samples at  $\leq -20^{\circ}\text{C}$ .
- Avoid multiple ( $>2$ ) freeze/thaw cycles.
- When using frozen samples, it is recommended to thaw the samples completely, mix well by vortexing and centrifuge prior to use in the assay to remove particulates.
- For normal samples, no dilution is required. If dilution is necessary use Serum Matrix to dilute plasma samples prior to assay.

### **C. Preparation of Tissue Culture Supernatant:**

- Centrifuge the sample to remove debris and assay immediately or aliquot and store samples at  $\leq -20^{\circ}\text{C}$ .
- Avoid multiple ( $>2$ ) freeze/thaw cycles.
- Tissue culture supernatant may require a dilution with an appropriate control medium prior to assay.

**NOTE:**

- A maximum of 25 µL per well of serum, plasma or cell culture samples can be used.
- All samples must be stored in polypropylene tubes. **DO NOT STORE SAMPLES IN GLASS.**
- Avoid debris, lipids and cells when using samples with gross hemolysis or lipemia.
- Care must be taken when using heparin as an anticoagulant since an excess of heparin will provide falsely high values. Use no more than 10 IU heparin per mL of blood collected.

**PREPARATION OF REAGENTS FOR IMMUNOASSAY****A. Preparation of Antibody-Immobilized Beads**

Sonicate each individual antibody-bead vial for 30 seconds; vortex for 1 minute. Add 150 µL from each antibody-bead vial to the Mixing Bottle and bring final volume to 3.0 mL with Bead Diluent. Vortex the mixed beads well. Unused portion may be stored at 2-8°C for up to one month.

Example 1: When using 3 antibody-immobilized beads, add 150 µL from each of the 3 bead sets to the Mixing Bottle. Then add 2.55 mL Bead Diluent.

Example 2: When using 8 antibody-immobilized beads, add 150 µL from each of the 8 bead sets to the Mixing Bottle. Then add 1.8 mL Bead Diluent.

**Note that Amylin (active) and Amylin (total) cannot be run together in the same assay.**

**B. Preparation of Quality Controls**

Before use, reconstitute Quality Control 1 and Quality Control 2 with 250 µL deionized water. Invert the vial several times to mix and vortex. Allow the vial to sit for 5-10 minutes and then transfer the controls to appropriately labeled polypropylene microfuge tubes. Unused portion may be stored at ≤ -20°C for up to one month.

**C. Preparation of Wash Buffer**

Bring the 10X Wash Buffer to room temperature and mix to bring all salts into solution. Dilute 30 mL of 10X Wash Buffer with 270 mL deionized water. Store unused portion at 2-8°C for up to one month.

**D. Preparation of Serum Matrix**

**This step is required for serum or plasma samples only.**

Add 1.0 mL deionized water to the bottle containing lyophilized Serum Matrix. Mix well. Allow the bottle to sit for 5-10 minutes for complete reconstitution. Unused portion may be stored at ≤ -20°C for up to one month.



## E. Preparation of Human Gut Hormone Standard

- 1.) Prior to use, reconstitute the Human Gut Hormone Standard with 250  $\mu\text{L}$  deionized water. Invert the vial several times to mix gently and allow the vial to sit for about 5 minutes. Vortex and mix well. Transfer the standard to a microfuge tube labeled "Standard 7". The unused portion of the reconstituted standard may be stored at  $\leq -20^{\circ}\text{C}$  for up to one month.

### 2.) Preparation of Working Standards

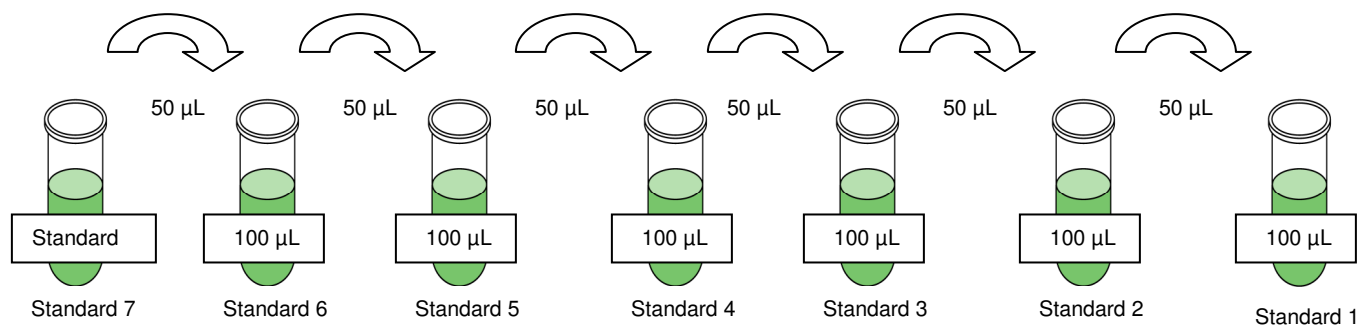
Label six polypropylene microfuge tubes "Standard 6", "Standard 5", "Standard 4", "Standard 3", "Standard 2", and "Standard 1". Add 100  $\mu\text{L}$  of Assay Buffer to each of the six tubes. Perform 3 times serial dilutions by adding 50  $\mu\text{L}$  of the "Standard 7" to the "Standard 6" tube, mix well and transfer 50  $\mu\text{L}$  of the "Standard 6" to the "Standard 5" tube, mix well and transfer 50  $\mu\text{L}$  of the "Standard 5" to the "Standard 4" tube, mix well and transfer 50  $\mu\text{L}$  of the "Standard 4" to the "Standard 3" tube, mix well and transfer 50  $\mu\text{L}$  of the "Standard 3" to the "Standard 2" tube, mix well and transfer 50  $\mu\text{L}$  of the "Standard 2" to the "Standard 1" tube. The 0 standard (Background) will be Assay Buffer.

The standards prepared by serial dilution must be used with one hour of preparation.

| Standard Tube | Volume of Deionized Water to Add | Volume of Standard to Add |
|---------------|----------------------------------|---------------------------|
| Standard 7    | 250 $\mu\text{L}$                | ---                       |

| Standard Tube | Volume of Assay Buffer to Add | Volume of Standard to Add      |
|---------------|-------------------------------|--------------------------------|
| Standard 6    | 100 $\mu\text{L}$             | 50 $\mu\text{L}$ of Standard 7 |
| Standard 5    | 100 $\mu\text{L}$             | 50 $\mu\text{L}$ of Standard 6 |
| Standard 4    | 100 $\mu\text{L}$             | 50 $\mu\text{L}$ of Standard 5 |
| Standard 3    | 100 $\mu\text{L}$             | 50 $\mu\text{L}$ of Standard 4 |
| Standard 2    | 100 $\mu\text{L}$             | 50 $\mu\text{L}$ of Standard 3 |
| Standard 1    | 100 $\mu\text{L}$             | 50 $\mu\text{L}$ of Standard 2 |

## Preparation of Working Standards



The serial dilutions result in the following concentrations of standards.

| Standard Tube | GIP<br>(pg/mL) | GLP-1, PYY, PP,<br>Ghrelin<br>(pg/mL) | Amylin<br>(pg/mL) | Leptin, Insulin<br>(pg/mL) |
|---------------|----------------|---------------------------------------|-------------------|----------------------------|
| Standard 1    | 2.7            | 13.7                                  | 27.4              | 137                        |
| Standard 2    | 8.2            | 41.2                                  | 82.3              | 412                        |
| Standard 3    | 24.7           | 123.5                                 | 246.9             | 1235                       |
| Standard 4    | 74.1           | 370.4                                 | 740.7             | 3,704                      |
| Standard 5    | 222.2          | 1,111                                 | 2,222.2           | 11,111                     |
| Standard 6    | 666.7          | 3,333                                 | 6,666.7           | 33,333                     |
| Standard 7    | 2000           | 10,000                                | 20,000            | 100,000                    |

## IMMUNOASSAY PROCEDURE

- Prior to beginning this assay, it is imperative to read this protocol completely and to thoroughly understand the Technical Guidelines.
- Allow all reagents to warm to room temperature (20-25°C) before use in the assay.
- Diagram the placement of Standards [0 (Background), Standard 1, 2, 3, 4, 5, 6 and 7], Controls 1 and 2, and Samples on Well Map Worksheet in a vertical configuration. (Note: Most instruments will only read the 96-well plate vertically by default.) It is recommended to run the assay in duplicate.
- Set the filter plate on a plate holder at all times during reagent dispensing and incubation steps so that the bottom of the plate does not touch any surface.

1. Prewet the filter plate by pipetting 200  $\mu$ L of Assay Buffer into each well of the Microtiter Filter Plate. Seal and mix on a plate shaker for 10 minutes at room temperature (20-25°C).
2. Remove Assay Buffer by vacuum. (**NOTE: DO NOT INVERT PLATE.**) Blot excess Assay Buffer from the bottom of the plate with an absorbent pad or paper towels.
3. Add 25  $\mu$ L of each Standard or Control into the appropriate wells. Assay Buffer should be used for the 0 pg/mL standard (Background).
4. Add 25  $\mu$ L of Assay Buffer to the sample wells.
5. Add 25  $\mu$ L of Sample into the appropriate wells.
6. Add 25  $\mu$ L of appropriate matrix solution to the background, standards, and control wells. When assaying serum or plasma, use the Serum Matrix provided in the kit. When assaying tissue culture or other supernatant, use proper control culture medium as the matrix solution.
7. Vortex Mixing Bottle and add 25  $\mu$ L of the Mixed Beads to each well. (Note: During addition of Beads, shake bead bottle intermittently to avoid settling.)
8. Seal the plate with a plate sealer, cover it with the lid. Wrap a rubber band around the plate holder, plate and lid and incubate with agitation on a plate shaker overnight (16-18 hours) at 4°C.

Add 200  $\mu$ L Assay Buffer per well



Shake 10 min, RT

Vacuum

- Add 25  $\mu$ L Standard or Control to appropriate wells
- Add 25  $\mu$ L Assay Buffer to background and sample wells
- Add 25  $\mu$ L Samples to sample wells
- Add 25  $\mu$ L Matrix to background, standards and control wells
- Add 25  $\mu$ L Beads to each well



Incubate overnight at 4°C with shaking

9. Gently remove fluid by vacuum. **(NOTE: DO NOT INVERT PLATE.)**
10. Wash plate 3 times with 200  $\mu$ L/well of Wash Buffer, removing Wash Buffer by vacuum filtration between each wash. Blot excess Wash Buffer from the bottom of the plate with an absorbent pad or paper towels.
11. Add 50  $\mu$ L of Detection Antibodies into each well. (Note: Allow the Detection Antibodies to warm to room temperature prior to addition.)
12. Seal, cover with lid, and incubate with agitation on a plate shaker for 30 minutes at room temperature (20-25°C). **DO NOT VACUUM AFTER INCUBATION.**
13. Add 50  $\mu$ L Streptavidin-Phycoerythrin to each well containing the 50  $\mu$ L of Detection Antibodies.
14. Seal, cover with lid and incubate with agitation on a plate shaker for 30 minutes at room temperature (20-25°C).
15. Gently remove all contents by vacuum. **(NOTE: DO NOT INVERT PLATE.)**
16. Wash plate 3 times with 200  $\mu$ L/well Wash Buffer, removing Wash Buffer by vacuum filtration between each wash. Wipe any excess buffer on the bottom of the plate with a tissue.
17. Add 100  $\mu$ L of Sheath Fluid to all wells. Resuspend the beads on a plate shaker for 5 minutes.
18. Run plate on Luminex 100™ IS, 200™, or HTS.
19. Save and analyze the Median Fluorescent Intensity (MFI) data using a weighted 5-parameter logistic or spline curve-fitting method for calculating hormone concentrations in samples.



Vacuum and wash  
3X with 200  $\mu$ L  
Wash Buffer

Add 50  $\mu$ L Detection  
Antibodies per well



Incubate 30  
minutes at RT

Do Not Vacuum

Add 50  $\mu$ L Streptavidin-  
Phycoerythrin per well



Incubate for 30  
minutes at RT

Vacuum and wash  
3X with 200  $\mu$ L  
Wash Buffer

Add 100  $\mu$ L Sheath Fluid per  
well

Read on Luminex (50  $\mu$ L, 50  
beads per bead set)

## EQUIPMENT SETTINGS

These specifications are for the Luminex 100™ IS v.1.7 or Luminex 100™ IS v2.1/2.2, Luminex 200™ v2.3, xPONENT, and Luminex HTS. Luminex instruments with other software (e.g. MasterPlex, StarStation, LiquiChip, Bio-Plex, LABScan100) would need to follow instrument instructions for gate settings and additional specifications from the vendors.

|                |                   |    |
|----------------|-------------------|----|
| Events:        | 50, per bead      |    |
| Sample Size:   | 50 µL             |    |
| Gate Settings: | 8,000 to 15,000   |    |
| Reporter Gain: | Default (low PMT) |    |
| Time Out:      | 60 seconds        |    |
| Bead Set:      | 9-Plex Beads      |    |
|                | Amylin (active)   | 15 |
|                | Ghrelin (active)  | 18 |
|                | Leptin            | 22 |
|                | GIP (total)       | 47 |
|                | GLP-1 (active)    | 53 |
|                | Amylin (total)    | 55 |
|                | PP                | 76 |
|                | PYY (total)       | 80 |
|                | Insulin           | 82 |

## QUALITY CONTROLS

The ranges for each hormone in Quality Control 1 and 2 are provided on the card insert or can be located at the MILLIPORE website [www.millipore.com/techlibrary/index.do](http://www.millipore.com/techlibrary/index.do) using the catalog number as the keyword.

## ASSAY CHARACTERISTICS

### Assay Sensitivities (minimum detectable concentrations, pg/mL)

MinDC: Minimum Detectable Concentration is calculated by the StatLIA® Immunoassay Analysis Software from Brendan Technologies. It measures the true limits of detection for an assay by mathematically determining what the empirical MinDC would be if an infinite number of standard concentrations were run for the assay under the same conditions.

|                 |       |
|-----------------|-------|
| Amylin (active) | 31.5  |
| Ghrelin         | 1.8   |
| Leptin          | 157.2 |
| GIP             | 0.2   |
| GLP-1           | 5.2   |
| Amylin (total)  | 3.2   |
| PP              | 2.4   |
| PYY             | 8.4   |
| Insulin         | 44.5  |

### Precision

Intra-assay precision is generated from the mean of the %CV's from 6 reportable results across two different concentrations of hormones in one experiment. Inter-assay precision is generated from the mean of the %CV's from 6 reportable results each for two different concentrations of hormone across 6 different experiments.

Intra-assay variation (%CV) <11%  
Inter-assay variation (% CV) <19%

### Accuracy

Spike Recovery: The data represent mean percent recovery of 3 levels of spiked standards (low, medium and high) in serum matrices.

|                 |      |
|-----------------|------|
| Amylin (active) | 90%  |
| Ghrelin         | 85%  |
| Leptin          | 102% |
| GIP             | 89%  |
| GLP-1           | 83%  |
| Amylin (total)  | 93%  |
| PP              | 88%  |
| PYY             | 107% |
| Insulin         | 85%  |

### Cross-Reactivity

The antibody pairs in the panel are specific only to the desired analyte and exhibit no or negligible cross-reactivity with other analytes in the panel.

## TROUBLESHOOTING GUIDE

| Problem                      | Probable Cause  | Solution   |
|------------------------------|---|--|
| Filter plate will not vacuum | Vacuum pressure is insufficient   | Increase vacuum pressure such that 0.2mL buffer can be suctioned in 3-5 seconds.   |
|                              | Samples have insoluble particles  | Centrifuge samples just prior to assay set-up and use supernatant.<br><br>If high lipid concentration, after centrifugation, remove lipid layer and use supernatant.       |
|                              | Sample too viscous  | May need to dilute sample.   |
| Insufficient bead count      | Vacuum pressure too high  | Adjust vacuum pressure such that 0.2mL buffer can be suctioned in 3-5 seconds.   |
|                              | Bead mix prepared incorrectly   | Sonicate bead vials and vortex just prior to adding to bead mix bottle according to protocol. Agitate bead mix intermittently in reservoir while pipetting into the plate. |
|                              | Samples cause interference due to particulate matter or viscosity                       | See above. Also sample probe may need to be cleaned with alcohol flush, backflush and washes; or, if needed, probe should be removed and sonicated.                        |
|                              | Probe height not adjusted correctly   | Adjust probe to 3 alignment discs in well H6.  |
| Plate leaked                 | Vacuum pressure too high  | Adjust vacuum pressure such that 0.2mL buffer can be suctioned in 3-5 seconds. May need to transfer contents to a new (prewetted) plate and continue.                      |
|                              | Plate set directly on table or absorbent towels during incubations or reagent additions | Set plate on plate stand or raised edge so bottom of filter is not touching any surface.   |
|                              | Insufficient blotting of filter plate bottom causing wicking                            | Blot the bottom of the filter plate well with absorbent towels after each wash step.   |
|                              | Pipette touching plate filter during additions  | Pipette to the side of well.   |
|                              | Probe height not adjusted correctly   | Adjust probe to 3 alignment discs in well H6.  |
| Background is too high       | Background wells were contaminated  | Avoid cross-well contamination by using sealer appropriately and by pipeting with multichannel pipets without touching reagent in plate.                                   |
|                              | Matrix used has endogenous analyte or interference                                      | Check matrix ingredients for crossreacting components (e.g. interleukin modified tissue culture medium).   |
|                              | Insufficient washes   | Increase number of washes.   |

|   |  |   |
|---|--|---|
| Beads not in region or gate                     | Luminex not calibrated correctly or recently   | Calibrate Luminex based on instrument manufacturer's instructions at least once a week or if temperature has changed by $>3^{\circ}\text{C}$ .                        |
|   | Gate settings not adjusted correctly   | Some Luminex instruments (e.g. Bio-Plex) require different gate settings than those described in the kit protocol. Use instrument default settings.                   |
|   | Wrong bead regions in protocol template  | Check kit protocol for correct bead regions or analyte selection.   |
|   | Incorrect sample type used   | Samples containing organic solvents or if highly viscous should be diluted or dialyzed as required.   |
|   | Instrument not washed or primed  | Prime the Luminex 4 times to eliminate air bubbles. Wash 4 times with sheath fluid or water if there is any remnant alcohol or sanitizing liquid.                     |
| Signal for whole plate is same as background    | Beads were exposed to light  | Keep plate and bead mix covered with dark lid or aluminum foil during all incubation steps.   |
|   | Incorrect or no Detection Antibody was added   | Add appropriate Detection Antibody and continue.  |
| Low signal for standard curve                   | Streptavidin-Phycoerythrin was not added   | Add Streptavidin-Phycoerythrin according to protocol. If Detection Antibody has already been vacuumed out, sensitivity may be low.                                    |
|   | Detection Antibody may have been vacuumed out prior to adding Streptavidin Phycoerythrin | May need to repeat assay if desired sensitivity not achieved.   |
| Signals too high, standard curves are saturated | Incubations done at incorrect temperatures, timings or agitation                         | Assay conditions need to be checked.  |
|   | Calibration target value set too high  | With some Luminex instruments (e.g. Bio-Plex) default target setting for RP1 calibrator is set at High PMT. Use low target value for calibration and reanalyze plate. |
| Sample readings are out of range                | Plate incubation was too long with standard curve and samples                            | Use shorter incubation time.  |
|   | Samples contain no or below detectable levels of analyte                                 | If below detectable levels, it may be possible to use higher sample volume. Check with tech support for appropriate protocol modifications.                           |
|   | Samples contain analyte concentrations higher than highest standard point                | Samples may require dilution and reanalysis for that particular analyte.  |
|   | Standard curve was saturated at higher end of curve                                      | See above.  |



|  |  |  |
|--|--|--|
| High variation in samples and/or standards | Multichannel pipet may not be calibrated                                 | Calibrate pipets.  |
|  | Plate washing was not uniform  | Confirm all reagents are vacuumed out completely in all wash steps.  |
|  | Samples may have high particulate matter or other interfering substances | See above.   |
|  | Plate agitation was insufficient   | Plate should be agitated during all incubation steps using a vertical plate shaker at a speed where beads are in constant motion without splashing.  |
|  | Cross-well contamination   | Check when reusing plate sealer that no reagent has touched sealer.<br><br>Care should be taken when using same pipet tips that are used for reagent additions and that pipet tip does not touch reagent in plate. |

## REPLACEMENT REAGENTS

Human Gut Hormone Standard  
Human Gut Hormone Quality Controls  
Canine Cytokine Detection Antibodies  
Streptavidin-Phycoerythrin  
Serum Matrix  
Bead Diluent  
Assay Buffer  
10X Wash Buffer  
Set of two 96-Well Filter Plates with Sealers

## Catalog #

LHGT-8068  
LHGT-6068  
LHGT-1068  
L-SAPE  
LHGT-SM  
LHE-BD  
LE-ABGLP  
L-WB  
MX-PLATE

## Antibody-Immobilized Beads

| <u>Hormone</u>   | <u>Bead #</u> | <u>Cat. #</u> |
|------------------|---------------|---------------|
| Amylin (active)  | 15            | RME-AMLN      |
| Ghrelin (active) | 18            | HGRLN         |
| Leptin           | 22            | HE-LPTN       |
| GIP (total)      | 47            | HGIP          |
| GLP-1 (active)   | 53            | HRE-GLP1      |
| Amylin (total)   | 55            | HE-AMLN       |
| PP               | 76            | HPP           |
| PYY (total)      | 80            | HPYYT         |
| Insulin          | 82            | HE-INS        |

## ORDERING INFORMATION

### To place an order:

To assure the clarity of your custom Human Gut Hormone kit order, please FAX the following information to our customer service department:

- Your name, telephone and/or fax number
- Customer account number
- Shipping and billing address
- Purchase order number
- Catalog number and description of product
- Quantity of kits
- Selection of MILLIPLEX™ Hormone Requirements

FAX: (636) 441-8050

Toll-Free US: (866) 441-8400  
(636) 441-8400

Mail Orders: Millipore Corp.  
6 Research Park Drive  
St. Charles, Missouri 63304 U.S.A.

### For International Customers:

To best serve our international customers in placing an order or obtaining additional information about MILLIPLEX™ MAP products, please contact your multiplex specialist or sales representative or email our European Customer Service at [customerserviceEU@Millipore.com](mailto:customerserviceEU@Millipore.com).

### Conditions of Sale

All products are for research use only. They are not intended for use in clinical diagnosis or for administration to humans or animals. All products are intended for *in vitro* use only.

### Material Safety Data Sheets (MSDS)

Material Safety Data Sheets for Millipore products may be ordered by fax or phone or through our website at [www.millipore.com/techlibrary/index.do](http://www.millipore.com/techlibrary/index.do).

## WELL MAP

|   | 1                          | 2          | 3               | 4    | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
|---|----------------------------|------------|-----------------|------|---|---|---|---|---|----|----|----|
| A | Standard 0<br>(Background) | Standard 4 | QC-1<br>Control | Etc. |   |   |   |   |   |    |    |    |
| B | Standard 0<br>(Background) | Standard 4 | QC-1<br>Control |      |   |   |   |   |   |    |    |    |
| C | Standard 1                 | Standard 5 | QC-2<br>Control |      |   |   |   |   |   |    |    |    |
| D | Standard 1                 | Standard 5 | QC-2<br>Control |      |   |   |   |   |   |    |    |    |
| E | Standard 2                 | Standard 6 | Sample 1        |      |   |   |   |   |   |    |    |    |
| F | Standard 2                 | Standard 6 | Sample 1        |      |   |   |   |   |   |    |    |    |
| G | Standard 3                 | Standard 7 | Sample 2        |      |   |   |   |   |   |    |    |    |
| H | Standard 3                 | Standard 7 | Sample 2        |      |   |   |   |   |   |    |    |    |