

## DRG® Chlamydia pneumoniae IgA (EIA-2942)

Revised 7 May 2007

**RUO** in the USA

### Intended Use

DRG's Chlamydia pneumoniae IgA test is developed for the detection of IgA antibodies specific to *Chlamydia pneumoniae* in human serum or plasma.

The kit is semiquantitative allowing comparison of paired samples. The change of antibody level is an aid for the diagnosis of acute *Chlamydia pneumoniae* infection.

The test is recommended to be run and interpreted in parallel with the DRG's Chlamydia pneumoniae IgG and IgM EIA kits.

### Introduction

Since the description in 1986 of *Chlamydia pneumoniae* as a pathogen (1) it has become recognized as a common infectious agent all over the world. *C. pneumoniae* is primarily a respiratory tract pathogen that causes approximately 10-20 % of acute bronchitis in adults (2, 3, 4). It also causes sinusitis, primary pharyngitis, and may trigger for asthma (5). Most infections with this micro-organism are in fact subclinical and asymptomatic and only rarely cause an overt disease. (3). Chronic infection with *C. pneumoniae* has been suggested as a factor in the Development of atherosclerosis (6,7).

Seroepidemiologic studies (8, 9, 10, 11) in different populations suggest that the seroprevalence increases sharply in young children and adolescence. After adolescence the seroprevalence continues to increase and may achieve almost complete saturation for IgG and IgA-class antibodies in the senescence (11). Epidemic cycles of *C. pneumoniae* depends on the density of the population, and was reported to occur in 4-7 years' intervals (8).

To date most investigations have relied on serologic diagnosis, using modifications of a microimmunofluorescence (MIF) test (8). Early studies have been performed with a complement fixation (CF) test, which has been used for many years for the detection of psittacosis. This test is a genus-specific and is more likely to be positive in initial infection than during reinfection (8). The MIF method is a species-specific, but has a large subjective component, requires a skilled interpreter and is not suitable for automation and high volume testing.

The present EIA methods were developed to circumvent technical problems with MIF providing easy, fast and objective performance. The DRG EIAs were optimized to produce comparable results to those of respective DRG MIF assays.

### Principle of the Test:

The principle of the DRG's Chlamydia pneumoniae IgA EIA kit is based on an indirect solid-phase enzyme immunoassay with horseradish peroxidase as a marker enzyme. The assay proceeds according to the following reactions.

1. *Chlamydia pneumoniae* IgA antibodies from the patient sample bind to *Chlamydia pneumoniae* antigen attached to the polystyrene surface of the Microstrip® wells.
2. Residual patient sample is removed by washing and horseradish peroxidase conjugated anti-human IgA (sheep) is added.
3. Unbound conjugate is washed off and a colorless enzyme substrate (H<sub>2</sub>O<sub>2</sub>) containing the chromogen (TMB\*) is added. The enzyme reaction with the chromogen results in a colored product.  
\*Tetramethylbenzidine, a non-mutagenic chromogen for horseradish peroxidase.
4. The color formation reaction is terminated by adding acid (H<sub>2</sub>SO<sub>4</sub>). The color intensity is directly proportional to the concentration of Chlamydia pneumoniae antibodies in a patient sample.

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### Kit Contents

**Note:** Prewarm all reagents and Microstrips® to +20°C -+25°C and Incubator to +37°C before use.

- Wear disposable gloves while handling specimens and kit reagents. Wash hands carefully after handling of samples.
- Reagents are stored between +2°C and +8°C.
- The expiration date is printed on each component label and on the package.
- Avoid unnecessary exposure to light. This is merely a precaution. The light sensitive reagents are the chromogen (Tetramethylbenzidine, TMB), the conjugate and the substrate buffer, which are packed in brown glass or non-transparent plastic vials for protection.
- Once the Microstrip® foil-package is opened it should be resealed tightly and stored at +2°C to +8°C with a desiccant.
- Once opened the components must be resealed tightly.

1.	MICROSTRIPS® Coated Microstrips®.	12 X 8 wells
2.	SAMPLE DILUENT Phosphate buffered saline with proprietary additives, a blue coloring reagent, and 0.05 % Bronidox® as preservative.	70 ml
3a.	CALIBRATOR (EIU=130) Diluted human serum with 0.05 % Bronidox® as preservative and a red coloring reagent. The respective unit is printed on the vial label.	0,5 ml
3b.	BORDERLINE CONTROL Diluted human serum with 0.05 % Bronidox® as a preservative and a red coloring reagent. The unit with allowable imprecision are printed on the vial label.	0,5 ml
3c.	POSITIVE CONTROL Diluted human serum with 0.05 % Bronidox® as a preservative and a red coloring reagent. The unit with allowable imprecision are printed on the vial label.	0,5 ml
4.	CONJUGATE Buffered salt solution with proprietary additives, a red coloring reagent, horseradish peroxidase conjugated anti-human IgA (sheep) with 0.1 % N-Methylisothiazolone as preservative	30 ml
5.	SUBSTRATE BUFFER Citrate-acetate buffer containing 0.005 % hydrogen peroxide with 0.05 % Bromo-nitro-dioxane as preservative.	50 ml
6.	TMB-CHROMOGEN IN DMSO 3, 3', 5, 5'- Tetramethylbenzidine dissolved in dimethylsulfoxide (DMSO).	1 ml
7.	WASHING SOLUTION Concentrated citrate buffered saline, with proprietary additives, and 0.05 % Bronidox® as preservative.	100 ml
	INCUBATION COVER	2 pcs
	REAGENT BASINS	6 pcs

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## **Reagent Preparation**

**Table 1**

Reagent	Preparation	Stability of opened/diluted reagents (+2°C to 8 °C)
1. Coated Microstrips®	Ready for use	2 months
2. Sample diluent	Ready for use	6 months *)
3. Calibrator and controls	Ready for use	6 months *)
4. Conjugate	Ready for use	6 months *)
5. Substrate buffer	Ready for use for the substrate solution	6 months *)
6. TMB-Chromogen in DMSO Substrate solution	Ready for use for the substrate solution Dilute TMB (vial 6) 1+49 (1:50) with substrate buffer (vial 5) just prior to use.	6 months *) Discard unused reagent. A deep blue color present in the substrate solution indicates that the solution has been contaminated and must be discarded.
7. Washing solution concentrate (10x) Washing solution	Dilute the concentrate (vial 7) 1+9 (1:10) with distilled water.	6 months *) 1 month at +4°C or 1 week at room temperature.

\*) The stability of the opened reagents is maximum 6 months only if they are stored properly at +2°C to +8°C. However, high environmental temperature and contamination may decrease the stability.

The prediluted samples are stable at +4°C for at least 2 weeks.

## **Materials Required But Not Provided**

- Distilled or deionized water, preferably sterile.
- Graduated cylinders up to 50 ml for substrate dilution.
- Vials to store the diluted reagents.
- Precision pipettes,
- Paper towels or absorbent paper.
- Timer, 60 min range.
- Incubator
- Photometer (plate or Microstrip® reader), 450 nm
- Washer
- Sodium hypochlorite solution, free available chlorine 50-500 mg/l.
- Disposable gloves.
- Stopping solution (0.5M H<sub>2</sub>SO<sub>4</sub>). Available from DRG (0.5M sulfuric acid, 15 ml)

**DRG® Chlamydia pneumoniae IgA (EIA-2942)****Revised 7 May 2007****RUO** in the USA**Specimen Collection And Handling**

Serum and plasma samples should be refrigerated (+4°C) after collection or, if the test cannot be performed within 48 hours, frozen (-20°C or -70°C, which is preferred).

**Samples should not be repeatedly frozen and thawed.**

*Do not use sodium azide as preservative because it inactivates horseradish peroxidase.*

**Heat activation** of serum or plasma (+56°C, 30 min) may cause non-specific results.

Microbially contaminated, grossly hemolyzed or hyperlipemic serum and plasma may give erroneous results.

Long storage of serum (frozen over one year) may cause the formation of lipid aggregates. These aggregates may cause a non-specific result.

**Precautions**

For in-vitro use only. In the United States, this kit is intended for Research Use Only.

**WARNING – POTENTIAL BIOHAZARDOUS MATERIAL:**

Each donor unit used in the preparation of the control and calibrator sera in the kit has been tested for the presence of the antibodies to HIV (Human Immunodeficiency Virus ) and HCV (Hepatitis C Virus) as well as Hepatitis B surface antigen (HBsAg) and found to be no-reactive. Because no test method can offer complete assurance that HIV, Hepatitis B virus HCV, or other infectious agents are absent, these calibrators and controls as well as specimens should be handled at the Biosafety level 2 as recommended for any potentially infectious human serum or blood specimen in the Centers for Disease Control/National Institutes for Health Manual, " Biosafety in Microbiological and Biomedical Laboratories", 1984.

Discard all materials and specimens as if capable of transmitting infection. The preferred method of disposal is autoclaving for a minimum of one hour at 121°C. Liquid wastes not containing acid and neutralized waste may be mixed with sodium hypochlorite in volumes such that the final mixture contains 50-500 mg/l free available chlorine. Allow 30 minutes for decontamination to be completed.

**NOTE:** Liquid waste containing acid must be neutralized with a proportional amount of base prior to the addition of sodium hypochlorite.

- Spills should be wiped up thoroughly using either an iodophor disinfectant or sodium hypochlorite solution. Materials used to wipe up spills should be added to biohazardous waste matter for proper disposal.
- Wear disposable gloves while handling specimens and kit reagents. Afterwards, wash hands carefully.
- TMB-Chromogen (vial 6) is diluted in dimethyl sulfoxide. The following S-phrases are appropriate for this component:
- S 24/25 : Avoid contact with skin and eyes.
- The melting point of DMSO is +18°C. Avoid exposure of TMB solution to intense source of light. Oxidizing agents, metallic ions or soap remaining in glassware containers can interfere with the TMB reaction. In order to avoid this problem rinse the glassware thoroughly with 1 N acid (HCl or H<sub>2</sub>SO<sub>4</sub>) followed by several washes with distilled water before use.

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- Salt crystals may form in the washing solution concentrate when kept at refrigerated temperatures. If necessary, redissolve the salt crystals before diluting by warming and mixing the solution.
- Avoid unnecessary exposure to light. The light sensitive reagents are the chromogen, the conjugate and the substrate buffer, which are packaged in brown glass or non-transparent plastic vials for protection.
- Store all working solutions in clean containers to prevent contamination.
- Storage of reagents and samples in self-defrosting freezers is not recommended.
- All reagents and Microstrips® must be warmed up to +20°C-+25°C before use.
- Do not use reagents after the expiration date printed on the label.
- Do not mix or interchange reagents from different lots. Cross contamination of reagents or samples could cause erroneous results.
- When removing aliquots from the reagent vials, use aseptic technique to avoid contamination, or erroneous results may occur.
- Do not interchange vial caps.
- Use a new pipette tip for each sample.
- Optimal results will be obtained by strict adherence to the test protocol. Accurate and precise pipetting, as well as following the exact time and temperature requirements, is essential.
- Once the assay has been started, all subsequent steps should be performed without interruption
- Do not reuse a Microstrip® even if some wells were not used.
- Do not touch the wells or splash reagents while pipetting.
- Do not let the wells dry once the assay has been started.
- Reusable glassware must be disinfected, washed out and rinsed free of detergents.
- Microbial contamination and presence of particulate matter are the signs of deterioration in diluents and control sera.

### Test Procedure

#### Outline of Procedure

#### STEP I

Mix in a tube 500µl sample diluent and 5µl specimens (dilution 1:101)

Reserve 2 empty wells for the blank

Pipette 10 µl of diluted specimen and ready for use calibrator and controls into the Microplate® wells.

Add by multichannel pipette **100µl** of the sample diluent to each well.

Cover the plate and Incubate **1h at +37°C**

Wash **5 x 300 – 400 µl/well**

#### STEP II

Add 100µl conjugate solution

Cover the plate and incubate **1h at +37°C**

Wash **5 x 300 – 400 µl/well**

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STEP III	Add <b>100µl</b> substrate solution
	Incubate <b>30 min</b> at <b>RT</b> (+20°C- +25°C) in <b>dark</b>
STEP IV	Add <b>100 µl 0.5 MH<sub>2</sub>SO<sub>4</sub></b>
	Measure at <b>450nm</b>

### Preliminary Preparations:

- Wear disposable gloves throughout the procedure!
- Bring the reagents and Microstrips® to room temperature (+20°C - +25°C) before starting the assay.
- Prewarm the incubator to +37°C.

### Specimen Dilution:

Dilute the specimen 1:101 in sample diluent (5µl serum or plasma sample and 500µl of sample diluent). Mix well.

**NOTE:** Do not dilute the calibrator and controls!

### The Procedure:

#### Step I

1. Reserve 2 empty wells for the blank (sample diluent is used for blank).
2. Pipette 10µl of the diluted specimens (1:101) into Microstrip®.
3. Pipette in duplicates 10µl of the ready for use calibrator (vial 3a) and controls (vials 3b and 3c) into Microstrip®.
4. Pipette 100µl of sample diluent into each Microstrip® wells. See note below. Cover the Microstrip® with plastic sheet.
5. Incubate for one hour (± 5 min) at +37°C (± 1°C)

#### Washing

Washing may be performed with a washer

6. Empty the wells into a suitable biohazard container or aspirate the well contents with a washer.
7. Add 300µl of washing solution into each well.
8. Empty the wells.
9. Repeat the washing cycle five times in total. After the washing step tap the inverted Microstrip® a few times on the paper towel.

#### Step II

1. Pipette 100µl of the conjugate (vial 4) into each well and cover the Microstrips® with plastic sheet.
2. Incubate for 1 hour (± 5 min) at +37°C (± 1°C).

**NOTE:** To avoid the contamination of the conjugate solution pour needed amount of the solution into a disposable reagent basin. Discard any unused conjugate solution, do not pour it back to the vial.

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For this purpose the kit includes 6 disposable reagent basins. Disposable reagent basins can be used also for the sample diluent and the substrate solution.

### Washing

Wash the wells five time in total as in items 6-9 in STEP I.

### Step III

1. Pipette 100µl of the substrate solution (vials 5 and 6) into each well.  
Avoid contamination of the substrate solution: do not touch the walls of the wells with pipette tips when adding substrate.  
See NOTE below.
2. Incubate for 30 minutes at room temperature in a dark place.

### Step IV

3. Stop the enzyme substrate reaction by adding 100µl of 0.5 M H<sub>2</sub>SO<sub>4</sub> –solution into each well. See NOTE below.

### NOTE:

The use of an 8-channel pipette device is recommended for improved efficiency and precision.

### Measurement

Measure the absorbency immediately at 450nm.

### Results

An example of absorbency values for the Calibrator and Controls are shown in Table 2.

**Table 2. Example of the absorbency values of the Calibrator and Controls.**

QC Sample	Expected absorbency value at 450nm
Blank	0.070
Calibrator (EIU = 130)	0.850
Borderline control	0.348
Positive control	1.303

### Calculation of the Results.

The results are expressed as enzyme immunounits (EIU). The kit is calibrated and scaled such a way that the EIUs correspond to the inverted titers of the DRG's *C. Pneumoniae* IgA MIFA.

Use the formula for calculations:

$$\text{EIU}_{\text{sample}} = \frac{A_{\text{sample}} - A_{\text{blank}}}{A_{\text{cal}} - A_{\text{blank}}} \times 130$$

where  $A_{\text{sample}}$  = absorbency of the sample  
 $A_{\text{blank}}$  = absorbency of the Blank  
 $A_{\text{cal}}$  = absorbency of the calibrators.

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**Example 1** Expression of results in EIU-values

Sample	Mean A at 450 nm	EIU
Blank	0.070	
Calibrator	0.759	
Borderline control	0.280	40
Positive control	1.186	211
Sample 1	0.250	34
Sample 2	0.977	172

**Acceptance criteria**

The results of the run are accepted when :

$$\text{Blank} \leq 0.15$$

$$0.4 \leq \text{Cal} \leq 1.2 \text{ *)}$$

The EIU of the control is within the limits stated on the label.

\*) The reagent blank absorbency has been subtracted from these values.

**Interpretation of Results**

The positivity threshold EIUs:

EIU < 30	Negative
30 ≤ EIU ≤ 45	Equivocal
EIU > 45	Positive

With properly timed paired serum samples (the 2<sup>nd</sup> sample taken in average after 2 weeks) Chlamydia pneumoniae IgA EIA allows discrimination between acute and non-acute infections on the basis of seroconversion.

**Acute infection:**

When EIU values are below 130, a 1.5-fold or larger increase of EIU value with paired samples assayed in the same run can be considered diagnostic for seroconversion.

When EIU values are above 130, a 1.3-fold or larger increase of EIU value with paired samples assayed in the same run can be indicative for seroconversion.

DRG's Chlamydia pneumoniae IgG and IgM EIAs provide additional information for the diagnosis of acute Chlamydia pneumoniae infection. In primary acute infection IgM response may be detected already in the first serum sample, while the IgG response develops more slowly, especially if the patient has received antibiotics against Chlamydia infections. Reinfection is typically characterized by a rapid IgG and IgA responses.



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**RUO** in the USA**Non acute infection:**

Stable or decreasing levels of IgG and/or IgA with negative or equivocal IgM may indicate one of the following: past infection, recent infection, cured condition or persistent infection.

**Limitation of the Procedure**

Because no single method leads to the definitive diagnosis, the results of the present method should be interpreted in conjunction with the clinical condition, epidemiological situation and other laboratory methods.

A serum sample obtained during the acute phase of infection, when only IgM antibodies are present, may be negative by this procedure.

In some occasions acute infection will not elicit antibody response (13). Non-responders are, however, rare.

Due to the limited number of *Chlamydia psittaci* cases tested so far, the overall specificity has not been proven. However, since both conditions require similar treatment this limitation will not violate the significance of the results.

The present method is optimized against the DRG's Chlamydia pneumonia IgA MIFA. Since the MIF method is subjective, and variable readings are obtained in different laboratories, the users are discouraged to compare titers of their in-house or commercial MIF methods to the EIU of the present method since complete agreement might not be achieved.

The samples with OD higher than of the Positive control should be prediluted more than 1+ 100 (e.g. 1 + 200 ... 1 + 400 ... 1 + 800) to obtain results in the linear portion of the curve. The calculated EIU result is multiplied by predilution factor (e.g. 2.. 4 or 8). It is important that paired samples are diluted and assayed simultaneously.

**Performance Characteristics****Specificity**

Sixteen available *Chlamydia trachomatis* IgA positive but *Chlamydia pneumoniae* IgA negative sera (confirmed by the DRG MIFA IgA) did not show cross-reactivity.

Paired samples (n = 20) from infants and a few adults with proven by isolation *Bordetella pertussis* infection were analyzed in the EIA method. The cases were interpreted as negative for ongoing *Chlamydia pneumoniae* infection.

**Reproducibility**Table 3. Within-run reproducibility.

Within-run reproducibility was tested using three sera with variable level of specific IgA antibodies. Each well represented an individual dilution.

Sample 1	Sample 2	Sample 3
EIU = 34,7	EIU = 103,4	EIU = 140
SD = 1,4	SD = 8,1	SD = 8,2
CV % = 4 %	CV % = 8 %	CV % = 6%
n = 10	n = 10	n = 20

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*Table 4. Between-run reproducibility*

Between-run reproducibility was tested with four samples representing a variable level of specific IgA antibodies. The samples were tested in 10 consecutive runs by 10 operators. Each run was performed in quadruplicates. For each quadruplicates serum, dilutions were prepared separately.

Sample 1	Sample 2	Sample 3	Sample 4
EIU = 34	EIU = 63	EIU = 117	EIU = 172
SD = 6	SD = 9	SD = 19	SD = 21
CV % = 17.7 %	CV % = 14.7 %	CV % = 16.1 %	CV % = 12.5 %
n = 10	n = 10	n = 10	n = 10

### Summary of the Evaluation Studies

Paired serum samples collected during the outbreak of *C. pneumoniae* epidemics in 1995 in Sweden were analyzed for the seroconversion. The rate of seroconversion detected by DRG methods was compared to the respective rates by a competitor's EIA's, an in-house MIFA and an in-house complement fixation methods. Seroconversion of IgG and IgA values and / or positive IgM was interpreted as an acute *C. pneumoniae* infection by DRG methods.

Originally, the samples were grouped as:

- positive pairs, meaning acute primary or reinfection (n = 106)
- negative pairs, meaning no infection or past infection (n = 134)

When the results of all methods were disclosed and the data was processed, the performance characteristics were calculated as shown in Table 5.

*Table 5. Comparison of the four serological methods for detection of acute C. pneumoniae infection.*

	MIF (%) in-house	EIA 1 (%) competitive	EIA 2 (%) competitive	DRG (%) – EIA
Sensitivity	93/106 (88)	92/106 (87)	97/106 (92)	102/106 (96)
Specificity	133/134 (99)	132/134 (99)	127/134 (95)	133/134 (99)
PV pos	93/94 (99)	92/94 (98)	97/104 (93)	102/103 (99)
PV neg	133/146 (91)	132/146 (90)	127/136 (93)	133/97 (97)

The study shows that out of the 106 cases that were interpreted as acute infection by at least 2 methods, competitor's EIA 1 misinterpreted 14 cases, competitor's EIA2 9 cases, whereas DRG's EIAs only 4 cases.

### Conclusion

Because of more reproducible and objective results EIA may better discriminate past infection from reinfection thus persons referred to the laboratory for analysis with reinfection during the epidemics will readily receive specific treatment.

### References

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**TROUBLE SHOOTING**

<b>Cause/Error</b>	<b>Remedy</b>
<b>BLANK IS TOO HIGH</b>	
1. Substrate solution is contaminated	Use clean containers
2. Contamination, spills from other wells	Avoid contamination
3. Washing solution concentrate was not diluted correctly	Should be diluted 1:10 (1+9)
4. Poor washing	Check your washer
4. Contamination of reaction basin for the substrate	Keep the residual substrate mixture until the test is completed. Check if the mixture in the reagent basin turns blue, This will indicate contamination.
<b>Cause/Error</b>	<b>Remedy</b>
<b>ALL ABSORBANCE VALUES ARE VERY LOW</b>	
1. Incubation temperature is too low	The heating efficiency of different incubators vary widely. The incubator with efficient and even warming is preferred (such as DRG iEMS incubator)
1. Reagents are deteriorated * due to contamination of HRP deterioration in the conjugate  * due to improper storage	Protect reagents from excessive light When removing aliquots from the reagent vials, use aseptic technique to avoid contamination or erroneous results may occur. Store at +4°C
2. Substrate solution is not mixed as in instructions	TMB should be diluted 1:50 (1+49) in substrate buffer, mix well!
4. Reagent are not warmed up to room temperature before starting	Should be +20...+25°C when starting the assay
5. Incubation time is too short	Incubate 1h with a tolerance of $\pm 5$ min
6. Interchange for reagents	Do not mix or interchange reagents from different lots
7. Stopping solution is not mixed properly	Mix carefully before measurement
<b>Cause/Error</b>	<b>Remedy</b>
<b>POOR PRECISION</b>	
1. Liquid handling devices are not properly calibrated	Check calibration of the pipetting device
2. Improper washing due to contamination of washing tips head	Clean regularly tips of the washing head
3. The plate is allowed to stay too long after washing (drying of the plate)	Follow strictly the kit instructions
4. Uneven warming of the plate	Service iEMS Incubator/Shaker or incubator in use



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Cause/Error	Remedy
<b>BLANK WELLS</b>	
1. One or more well are blank	Contamination of wells or conjugate with spills of human sera. Only nanoliters or sera are enough to block the activity of the conjugate. Pay special attention to prevent contamination

11/00