

# HUMAN LEPTIN ELISA, Clinical Range





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European Union:

Rest of the world: For research use only!

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- This kit is manufactured by: BioVendor – Laboratorní medicína a.s.
- **W** Use only the current version of Product Data Sheet enclosed with the kit!

# 1. INTENDED USE

The RD191001100 Human Leptin ELISA, Clinical Range is a sandwich enzyme immunoassay for the quantitative measurement of human leptin.

# **Features**

- European Union: for in vitro diagnostic use Rest of the world: for research use only!
- The total assay time is less than 2.5 hours
- The kit measures total leptin in serum and plasma (EDTA, citrate, heparin) and tissue culture medium
- Assay format is 96 wells
- Quality Controls are human serum based
- Standards are recombinant protein based
- Components of the kit are provided ready to use, concentrated or lyophilized

# 2. STORAGE, EXPIRATION

Store the complete kit at 2-8°C. Under these conditions, the kit is stable until the expiration date (see label on the box).

For stability of opened reagents see Chapter 9.

# 3. INTRODUCTION

Leptin, the product of the *ob* (obese) gene, is a single-chain 16 kDa protein consisting of 146 amino acid residues. Leptin is produced mainly in the adipose tissue, and is considered to play an important role in appetite control, fat metabolism and body weight regulation. It targets the central nervous system, particularly hypothalamus, affecting food intake. The primary effect of leptin appears to be mediated by leptin receptors expressed mainly in the hypothalamus. In humans, leptin levels correlate with body mass index (BMI) and percentage body fat, and are elevated even in obese individuals. Leptin has a dual action; it decreases the appetite and increases energy consumption, causing more fat to be burned. Leptin is secreted in circadian fashion with nocturnal rise in both lean and obese patients.

Mutations of the *ob* gene resulting in leptin deficiency are the cause of obesity in the *ob/ob* mice. Endogeneous leptin can normalize their body weight. In contrast, high levels of leptin in obese human subjects point to an insensitivity to endogeneous leptin.

Other factors in addition to the amount of body fat appear to regulate leptin action: insulin, glucocorticoids, catecholamines and sex hormones. Studies have shown that leptin may be linked to reproductive function.

Areas of investigation:

Energy metabolism and body weight regulation

# 4. TEST PRINCIPLE

In the BioVendor Human Leptin ELISA Clinical Range, standards, quality controls and samples are incubated in microplate wells pre-coated with polyclonal anti-human leptin antibody. After 60 minutes incubation and washing, polyclonal anti-human leptin antibody, conjugated with horseradish peroxidase (HRP) is added to the wells and incubated for 60 minutes with captured leptin. Following another washing step, the remaining HRP conjugate is allowed to react with the substrate solution (TMB). The reaction is stopped by addition of acidic solution and absorbance of the resulting yellow product is measured. The absorbance is proportional to the concentrations of standard curve is constructed by plotting absorbance values against concentrations of standards, and concentrations of unknown samples are determined using this standard curve.

# 5. PRECAUTIONS

### • For professional use only

- Wear gloves and laboratory coats when handling immunodiagnostic materials
- Do not drink, eat or smoke in the areas where immunodiagnostic materials are being handled
- This kit contains components of human origin. These materials were found non-reactive for HBsAg, HCV antibody and for HIV 1/2 antigen and antibody. However, these materials should be handled as potentially infectious, as no test can guarantee the complete absence of infectious agents
- This kit contains components of animal origin. These materials should be handled as potentially infectious
- Avoid contact with the acidic Stop Solution and Substrate Solution, which contains hydrogen peroxide and tetramethylbenzidine (TMB). Wear gloves and eye and clothing protection when handling these reagents. Stop and/or Substrate Solutions may cause skin/eyes irritation. In case of contact with the Stop Solution and the Substrate Solution wash skin/eyes thoroughly with water and seek medical attention, when necessary
- The materials must not be pipetted by mouth

# 6. TECHNICAL HINTS

- Reagents with different lot numbers should not be mixed
- Use thoroughly clean glassware
- Use deionized (distilled) water, stored in clean containers
- Avoid any contamination among samples and reagents. For this purpose, disposable tips should be used for each sample and reagent
- Substrate Solution should remain colourless until added to the plate. Keep Substrate Solution protected from light
- Stop Solution should remain colourless until added to the plate. The colour developed in the wells will turn from blue to yellow immediately after the addition of the Stop Solution. Wells that are green in colour indicate that the Stop Solution has not mixed thoroughly with the Substrate Solution
- Dispose of consumable materials and unused contents in accordance with applicable national regulatory requirements

# 7. REAGENT SUPPLIED

Kit Components	State	Quantity
Antibody Coated Microtiter Strips	ready to use	96 wells
Conjugate Solution	ready to use	13 ml
Set of Standards	concentrated	6 x 0.35 ml
Quality Control HIGH	lyophilized	1 vial
Quality Control LOW	lyophilized	1 vial
Dilution Buffer	ready to use	13 ml
Wash Solution Conc. (10x)	concentrated	100 ml
Substrate Solution	ready to use	13 ml
Stop Solution	ready to use	13 ml
Product Data Sheet + Certificate of Analysis	-	1 pc

# 8. MATERIAL REQUIRED BUT NOT SUPPLIED

- Deionized (distilled) water
- Test tubes for diluting samples
- Glassware (graduated cylinder and bottle) for Wash Solution (Dilution Buffer)
- Precision pipettes to deliver 10-1000 μl with disposable tips
- Multichannel pipette to deliver 100 µl with disposable tips
- Absorbent material (e.g. paper towels) for blotting the microtitrate plate after washing
- Vortex mixer
- Orbital microplate shaker capable of approximately 300 rpm
- Microplate washer (optional). [Manual washing is possible but not preferable]
- Microplate reader with 450  $\pm$  10 nm filter, preferably with reference wavelength 630 nm (alternatively another one from the interval 550-650 nm)
- Software package facilitating data generation and analysis (optional)

# 9. PREPARATION OF REAGENTS

- All reagents need to be brought to room temperature prior to use
- Always prepare only the appropriate quantity of reagents for your test
- **Do not use components after the expiration date marked on their label**
- Assay reagents supplied ready to use:

### **Antibody Coated Microtiter Strips**

Stability and storage:

Return the unused strips to the provided aluminium zip-sealed bag with desicant and seal carefully. Remaining Microtiter Strips are stable 3 months stored at 2-8°C and protected from the moisture.

Conjugate solution Dilution Buffer Substrate Solution Stop Solution Stability and storage: Opened reagents are stable 3 months when stored at 2-8°C.

### • Assay reagents supplied concentrated or lyophilized:

### Human Leptin Standards

Dilute each concentration of standard 3x with the Dilution Buffer just prior to the assay, e.g.  $50 \,\mu$ l of standard + 100  $\mu$ l of Dilution Buffer for singlets, or preferably 100  $\mu$ l of standard + 200  $\mu$ l of Dilution Buffer for duplicates. **Mix well** (not to foam). Stability and storage:

Opened standards are stable 3 months when stored at 2-8°C.

### Do not store the diluted Standard solutions.

### **Quality Controls HIGH, LOW**

### Refer to the Certificate of Analysis for current Quality Control concentration!!!

Reconstitute each Quality Control (HIGH and LOW) with 350  $\mu$ l of distilled water just prior to the assay. Let it dissolve at least 30 minutes with occasional gentle shaking (not to foam).

Dilute reconstituted Quality Controls 3x with Dilution Buffer, e.g. 50  $\mu$ l of Quality Control + 100  $\mu$ l of Dilution Buffer when assaying samples in singlets, or preferably 100  $\mu$ l of Quality Control + 200  $\mu$ l of Dilution Buffer for duplicates.

Stability and storage:

The reconstituted Quality Controls must be used immediately or aliquoted and frozen at -20°C for 3 months. Avoid repeated freeze/thaw cycles.

### Do not store the diluted Quality Controls.

### Wash Solution Conc. (10x)

Dilute Wash Solution Concentrate (10x) ten-fold in distilled water to prepare a 1x working solution. Example: 100 ml of Wash Solution Concentrate (10x) + 900 ml of distilled water for use of all 96-wells.

Stability and storage:

The diluted Wash Solution is stable 1 month when stored at 2-8°C. Opened Wash Solution Concentrate (10x) is stable 3 months when stored at 2-8°C.

# 10. PREPARATION OF SAMPLES

The kit measures leptin in serum or plasma (EDTA, citrate, heparin).

Samples should be assayed immediately after collection or should be stored at -20°C. Mix thoroughly thawed samples just prior to the assay and avoid repeated freeze/thaw cycles, which may cause erroneous results. Avoid using hemolyzed or lipemic samples.

Dilute serum or plasma samples 3x with Dilution Buffer just prior to the assay, e.g.  $50 \ \mu$ l of sample + 100  $\mu$ l of Dilution Buffer for singlets, or preferably 100  $\mu$ l of sample + 200  $\mu$ l of Dilution Buffer for duplicates. **Mix well** (not to foam). Vortex is recommended.

### Stability and storage:

Samples should be stored at -20°C, or preferably at -70°C for long-term storage. Avoid repeated freeze/ thaw cycles.

### Do not store the diluted samples.

See Chapter 13 for stability of serum and plasma samples when stored at 2-8°C, effect of freezing/thawing and effect of sample matrix (serum/plasma) on the concentration of leptin.

Note: It is recommended to use a precision pipette and a careful technique to perform the dilution in order to get precise results.

Ask for protocol at <u>info@biovendor.com</u> if assaying tissue culture medium.

# 11. ASSAY PROCEDURE

- 1. Pipet **100 μl** of diluted Standards, Quality Controls, Dilution Buffer (=Blank) and samples, preferably in duplicates, into the appropriate wells. See *Figure 1* for example of work sheet.
- 2. Incubate the plate at room temperature (ca. 25°C) for **1 hour**, shaking at ca. 300 rpm on an orbital microplate shaker.
- 3. Wash the wells 3-times with Wash Solution (0.35 ml per well). After final wash, invert and tap the plate strongly against paper towel.
- 4. Add **100** μl of Conjugate Solution into each well.
- 5. Incubate the plate at room temperature (ca. 25°C) for **1 hour**, shaking at ca. 300 rpm on an orbital microplate shaker.
- 6. Wash the wells 3-times with Wash Solution (0.35 ml per well). After final wash, invert and tap the plate strongly against paper towel.
- 7. Add **100** μl of Substrate Solution into each well. Avoid exposing the microtiter plate to direct sunlight. Covering the plate with e.g. aluminium foil is recommended.
- 8. Incubate the plate for **10 minutes** at room temperature. The incubation time may be extended [up to 20 minutes] if the reaction temperature is below than 20°C. Do not shake the plate during the incubation.
- 9. Stop the colour development by adding **100 μl** of Stop Solution.
- Determine the absorbance of each well using a microplate reader set to 450 nm, preferably with the reference wavelength set to 630 nm (acceptable range: 550 650 nm). Subtract readings at 630 nm (550 650 nm) from the readings at 450 nm. The absorbance should be read within 5 minutes following step 9.

Note: If some samples and standard/s have absorbances above the upper limit of your microplate reader, perform a second reading at 405 nm. A new standard curve, constructed using the values measured at 405 nm, is used to determine leptin concentration of off-scale standards and samples. The readings at 405 nm should not replace the readings for samples that were "in range" at 450 nm.

Note 2: Manual washing: Aspirate wells and pipet 0.35 ml Wash Solution into each well. Aspirate wells and repeat twice. After final wash, invert and tap the plate strongly against paper towel. Make certain that Wash Solution has been removed entirely.

,	strip 1+2	strip 3+4	strip 5+6	strip 7+8	strip 9+10	strip 11+12
Α	Standard 50	Blank	Sample 8	Sample 16	Sample 24	Sample 32
В	Standard 20	Sample 1	Sample 9	Sample 17	Sample 25	Sample 33
С	Standard 10	Sample 2	Sample 10	Sample 18	Sample 26	Sample 34
D	Standard 5	Sample 3	Sample 11	Sample 19	Sample 27	Sample 35
E	Standard 2	Sample 4	Sample 12	Sample 20	Sample 28	Sample 36
F	Standard 1	Sample 5	Sample 13	Sample 21	Sample 29	Sample 37
G	QC HIGH	Sample 6	Sample 14	Sample 22	Sample 30	Sample 38
Н	QC LOW	Sample 7	Sample 15	Sample 23	Sample 31	Sample 39

Figure 1: Example of a work sheet.

# 12. CALCULATIONS

Most microtiter plate readers perform automatic calculations of analyte concentration. The standard curve is constructed by plotting the mean absorbance (Y) of Standards against the known concentration (X) of Standards in logarithmic scale, using the four-parameter algorithm. Results are reported as concentration of leptin ng/ml in samples.

Alternatively, the *logit log* function can be used to linearize the standard curve, i.e. *logit* of the mean absorbance (Y) is plotted against *log* of the known concentration (X) of Standards.

Samples, Quality Controls and Standards are all diluted 3x prior to analysis, so there is no need to take this dilution factor into account.

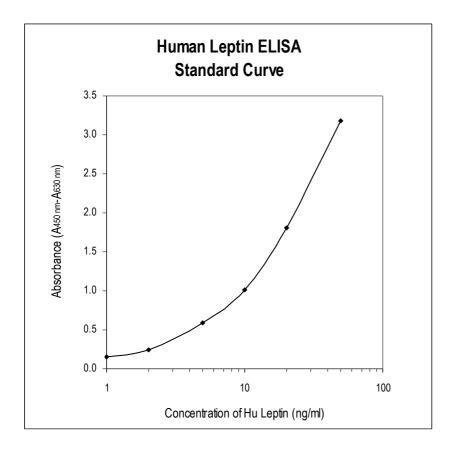


Figure 2: Typical Standard Curve for Human Leptin ELISA, Clinical Range.

# 13. PERFORMANCE CHARACTERISTICS

# Typical analytical data of BioVendor Human Leptin ELISA, Clinical Range are presented in this chapter

### • Sensitivity

Limit of Detection (LOD) (defined as concentration of analyte giving absorbance higher than mean absorbance of blank\* plus three standard deviations of the absorbance of blank: A<sub>blank</sub> + 3xSD<sub>blank</sub>) is calculated from the real leptin values in wells and is 0.2 ng/ml. \*Dilution Buffer is pipetted into blank wells.

#### • Limit of assay

Results exceeding leptin level of 50 ng/ml should be repeated with more diluted samples. Dilution factor needs to be taken into consideration in calculating the leptin concentration.

#### • Specificity

The antibodies used in this ELISA are specific for human leptin.

Sera of several mammalian species were measured in the assay. See results below. For details please contact us at <u>info@biovendor.com</u>.

Mammalian serum	Observed
sample	crossreactivity
Bovine	no
Cat	no
Dog	no
Goat	no
Hamster	no
Horse	no
Monkey	no
Mouse	no
Pig	no
Rabbit	no
Rat	no
Sheep	no

### • Precision

Intra-assay (Within-Run) (n=8)

Sample	Mean	SD	CV
	(ng/ml)	(ng/ml)	(%)
1	15.01	0.06	4.2
2	3.56	0.02	7.6

Inter-assay (Run-to-Run) (n=6)

Sample	Mean	SD	CV
	(ng/ml)	(ng/ml)	(%)
1	15.39	1.04	6.7
2	29.34	1.28	4.4

### • Spiking Recovery

Serum samples were spiked with different amounts of human leptin and assayed.

Sample	<b>O</b> bserved	<b>E</b> xpected	Recovery <b>O/E</b>
	(ng/ml)	(ng/ml)	(%)
1	4.22	-	-
	7.52	8.40	89.5
	11.85	13.37	88.6
	17.41	17.76	98.0
2	14.09	-	-
	17.78	18.27	97.3
	19.92	23.24	85.7
	25.91	27.63	93.8

### • Linearity

Serum samples were serially diluted with Dilution Buffer and assayed.

Sample	Dilution	<b>O</b> bserved	<b>E</b> xpected	Recovery
		(ng/ml)	(ng/ml)	<b>O/E</b> (%)
1	-	20.99	-	-
	2x	10.34	10.49	98.5
	4x	5.32	5.25	101.4
	8x	2.45	2.62	93.4
2	-	29.94	-	-
	2x	15.72	14.97	105.0
	4x	7.80	7.49	104.2
	8x	3.83	3.74	102.3

### • Effect of sample matrix

Citrate, heparin and EDTA plasmas were compared to respective serum samples from the same 9 individuals. Results are shown below:

Volunteer	Serum	Pla	asma (ng/	/ml)
No.	(ng/ml)	EDTA	Citrate	Heparin
1	7.72	7.41	6.47	7.13
2	9.05	7.84	6.57	8.95
3	2.54	2.18	1.81	2.32
4	7.08	6.13	5.97	7.47
5	18.71	16.94	13.81	17.55
6	19.64	16.01	15.05	23.39
7	6.42	6.31	5.65	6.76
8	3.97	3.93	3.32	3.36
9	5.67	7.17	6.38	5.84
Mean (ng/ml)	8.97	8.21	7.22	9.19
Mean Plasma/Serum (%)	-	91.6	80.6	102.7
Coefficient of determination R <sup>2</sup>	-	0.97	0.97	0.96

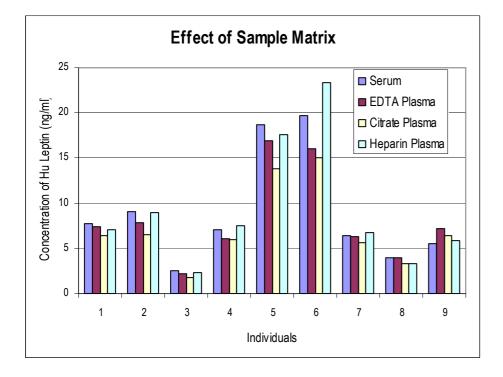


Figure 3: Leptin levels measured using Human Leptin ELISA, Clinical Range from 9 individuals using serum, EDTA, citrate and heparin plasma, respectively.

### • Stability of samples stored at 2-8°C

Samples should be stored at  $-20^{\circ}$ C. However, no decline in concentration of leptin was observed in serum and plasma samples after 7 days when stored at 2-8°C. To avoid microbial contamination, samples were treated with  $\varepsilon$ -aminocaproic acid and sodium azide, resulting in the final concentration of 0.03% and 0.1%, respectively.

Commis	Incubation	Serum	Pla	sma (ng/i	ml)
Sample	Temp, Period	(ng/ml)	EDTA	Citrate	Heparin
	-20°C	2.03	2.21	1.79	1.90
1	2-8°C, 1 day	2.18	2.21	1.83	1.00
	2-8°C, 7 days	2.26	2.21	1.64	2.28
	-20°C	3.51	3.54	3.26	356
2	2-8°C, 1 day	3.65	3.79	3.42	2.95
	2-8°C, 7 days	3.74	3.49	3.19	4.09
	-20°C	8.76	9.20	7.13	8.94
3	2-8°C, 1 day	7.80	8.99	8.19	8.56
	2-8°C, 7 days	7.70	8.03	7.87	8.43

### • Effect of Freezing/Thawing

No decline was observed in concentration of human leptin in serum and plasma samples after repeated (5x) freeze/thaw cycles. However it is recommended to avoid unnecessary repeated freezing/thawing of the samples.

Sample	Number of f/t	Serum	Pla	asma (ng	ı/ml)
Sample	cycles	(ng/ml)	EDTA	Citrate	Heparin
	1x	5.90	6.05	5.23	5.63
1	3x	5.78	5.49	5.40	5.39
	5x	5.64	5.99	5.47	6.14
	1x	3.09	3.29	2.85	2.86
2	3x	3.21	3.28	2.81	2.71
	5x	3.44	3.41	2.72	3.54
	1x	4.63	5.33	4.71	4.80
3	3x	3.73	4.96	4.67	4.61
	5x	4.58	5.39	4.80	4.91

### • Reference range

It is recommended that each laboratory include its own panel of control sample in the assay. Each laboratory should establish its own normal and pathological reference ranges for leptin levels with the assay.

# 14. DEFINITION OF THE STANDARD

A recombinant protein is used as the standard. The recombinant human leptin is a 16 kDa protein containing 147 amino acid residues.

### 15. METHOD COMPARISON

The BioVendor Human Leptin ELISA, Clinical Range was compared to a commercial RIA. Linear regression analysis of the results yielded the following results.

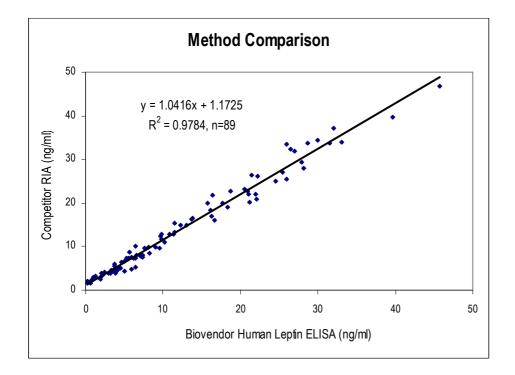


Figure 4: Method comparison.

# 16. TROUBLESHOOTING AND FAQS

### Weak signal in all wells

Possible explanations:

- Omission of a reagent or a step
- Improper preparation or storage of a reagent
- Assay performed before reagents were allowed to come to room temperature
- Improper wavelength when reading absorbance

### High signal and background in all wells

Possible explanations:

- Improper or inadequate washing
- Overdeveloping; incubation time with Substrate Solution should be decreased before addition of Stop Solution
- Incubation temperature over 30°C

# High coefficient of variation (CV)

Possible explanation:

- Improper or inadequate washing
- Improper mixing Standards, Quality Controls or samples

# 17. REFERENCES

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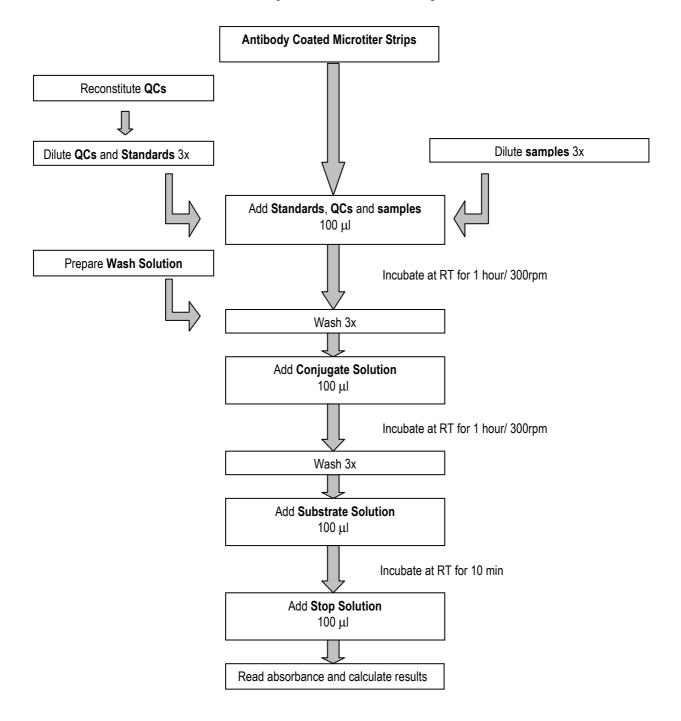
### For more references on this product see our WebPages at www.biovendor.com

# 18. EXPLANATION OF SYMBOLS

REF	Catalogue number
Cont.	Content
LOT	Lot number
Â	See instructions for use
	Biological hazard
	Expiry date
2 °C	Storage conditions
PP	Identification of packaging materials
IVD <b>( (</b>	In vitro diagnostic medical device

1

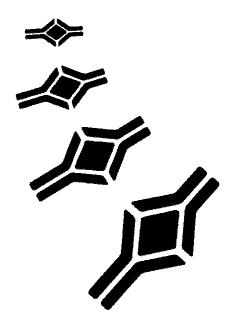
### Assay Procedure Summary



۲	A	B	<b>U</b>	۵	Ш	L	ŋ	T
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6								
10								
11								
12								

NOTES





HEADQUARTERS: BioVendor - Laboratorní medicína a.s.	Karasek 1767/1	621 00 Brno CZECH REPUBLIC	Phone: Fax:	+420-549-124-185 +420-549-211-460	E-mail: Web:	info@biovendor.com www.biovendor.com
EUROPEAN UNION: BioVendor GmbH	Im Neuenheimer Feld 583	D-69120 Heidelberg GERMANY	Phone: Fax:	+49-6221-433-9100 +49-6221-433-9111	E-mail:	infoEU@biovendor.com
USA, CANADA AND MEXICO: BioVendor LLC	1463 Sand Hill Road Suite 227	Candler, NC 28715 USA	Phone: Fax:	+1-828-670-7807 +1-800-404-7807 +1-828-670-7809	E-mail:	infoUSA@biovendor.com
CHINA - Hong Kong Office: BioVendor Laboratories Ltd	Room 4008 Hong Kong Plaza, No.188	Connaught Road West Hong Kong, CHINA	Phone: Fax:	+852-2803-0523 +852-2803-0525	E-mail:	infoHK@biovendor.com
CHINA – Mainland Office: BioVendor Laboratories Ltd	Room 2917, 29/F R & F Ying Feng Plaza, No.2 Huagiang road	Pearl River New Town Guang Zhou, CHINA	Phone: Fax:	+86-20-38065519 +86-20-38065529	E-mail:	infoCN@biovendor.com